



medinox™
your health our passion

PRODUCT CATALOGUE
2026



Build your healthcare offering with products that earn their place on your shelf. Reliable supply, strong margins, and a range that covers what your customers actually ask for, meeting their healthcare needs.

From pharmacy chains to independent retailers, we're set up to support your business.

medinox™

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mx[™]
HEALTH

mx Health is our premium first aid and sports recovery brand, manufactured using only the highest-quality components and premium packaging designed to command attention on shelf.

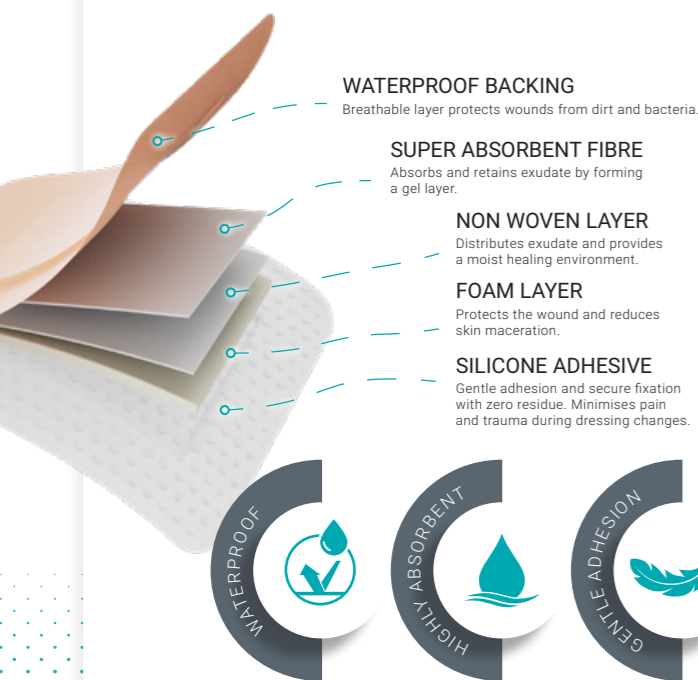
Trusted by clinicians, patients, and customers for its quality and reliability, the range also delivers strong margins for our retail partners.

WOUND CARE | FIRST AID | DEVICES | DIAGNOSTICS |
TAPES & STRAPPING | SPORTS SUPPORTS





High quality, hospital grade dressings, packaged in easy to understand, retail packaging. Each dressing is individually wrapped and barcoded. The perfect range for clinicians or retail.



Silicone foam dressings

Code	Size	Qty	Barcode
MX76340	7.5 x 7.5cm	10's	5057881763403
MX76344	12.5 x 12.5cm	10's	5057881763441

Waterproof backing | Super absorption fibre | Non-woven layer | Foam layer | Silicone adhesive

The mx Health Silicone Foam Dressing is designed with a soft silicone layer that creates a non-adherent interface between the dressing and the wound bed. This prevents the dressing from sticking to the wound, minimising pain and trauma during dressing changes, especially for patients with sensitive or fragile skin.

The hydrophobic quality of the silicone used in the dressing allows the product to form a gentle yet effective seal around the wound, adhering securely to the surrounding skin without interacting with the wound bed.

The dressing remains securely in place, providing a protective barrier that shields the wound from external contaminants such as bacteria, while allowing the wound to breathe and heal naturally.

ASSISTS IN WOUND HEALING

for a wide range of conditions, including:



Film+pad wound dressings

Code	Size	Qty	Barcode
MX79288	10 x 12cm	25's	5057881792895
MX79292	5 x 7cm	50's	5057881792932

Non-stick barrier | Wound exudate pad | Superior absorption | Ultra thin waterproof bacterial barrier



Fabric wound dressings

Code	Size	Qty	Barcode
MX79276	5 x 7cm	50's	5057881792772
MX79278	6 x 10cm	30's	5057881792796
MX79280	8 x 15cm	30's	5057881792819

Non-stick barrier | Wound exudate pad | Superior absorption | Soft and comfortable fabric backing

WOUND DRESSINGS



With a focus on quality, reliability, and ease of use, the mx Health General Surgical range comprises of Alcohol Prep Pads that ensure optimal hygiene and safety for pre-injection skin preparation, as well as high-performance bandages available in various sizes to support diverse surgical requirements.

Alcohol prep pads | 2-ply

Code	Size	Qty	Barcode
MX97111	6 x 3cm	200's	5057881971115

200 individually wrapped pads per box | 2-ply cotton pads | Saturated with 70% Isopropyl alcohol



INCLUDES CLIPS

Crepe bandage with clips

Code	Size	Qty	Barcode
B4050	5cm x 4.5m	12's	6009802683736
B4075	7.5cm x 4.5m	12's	6009802683743
B4100	10cm x 4.5m	12's	6009802683750
B4150	15cm x 4.5m	12's	6009802683767

Outstanding quality | Comfortable elasticity | Comes standard with clips



Conforming bandage

Code	Size	Qty	Barcode
MX79230	5cm x 4m	12's	5057881792307
MX79231	7.5cm x 4m	12's	5057881792314
MX79232	10cm x 4m	12's	5057881792321
MX79233	15cm x 4m	12's	5057881792338

Made from stretch material for retention | Conforms to the shape of the applied area | Provides light compression



The innovative 450ml capacity Portable Perineal Bottle / Bidet is designed with the modern mum in mind. Featuring a perfectly angled and extra-long spout for easy cleaning, a retractable spray nozzle and a secure seal to prevent leaks, this bidet offers both practicality and comfort. The dust-proof cap and generous spray pattern ensures gentle yet effective relief, while the narrow angled neck provides a continuous stream for consistent use.

Perineal bottle/Portable bidet

Code	Size	Barcode
MX86213	450ml	5057881862130



3-Ply disposable face mask | blue

Code	Size	Qty	Barcode
MX76035	17.5 x 9.5cm	5's	5057881760351

5 masks per box | Integrated nose clip | Latex free elastic ear loops | Bacterial filtration above 98%

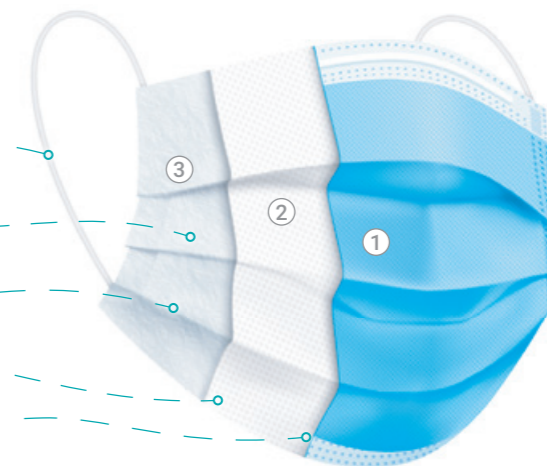
LATEX-FREE ELASTIC EAR LOOPS
Ensuring quick and easy application and removal

TYPE IIR SURGICAL FACE MASK
Three-layer (3-ply) protection

BACTERIAL FILTRATION ABOVE 98%
High filter performance and low breathing resistance

MAXIMUM COMFORT
Lightweight and breathable

PLEATED DESIGN
For maximum coverage



On-the-go first aid kit

Code	Barcode
MX79504	5057881795049

FOR WOUND/BURN CARE

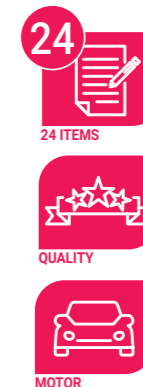
- 1 x Medium sterile wound dressings (100mm x 100mm)
- 2 x Burn gel 3.5g sachets
- 5 x Alcohol wipes
- 10 x Waterproof plasters (75mm x 19mm)
- 2 x Non adhesive dressing pad (100mm x 100mm)

FOR FRACTURES/SPRAINS

- 1 x Conforming Bandage (50m x 40mm)
- 1 x Micropore tape (25mm x 50mm)

INSTRUMENTS/OTHER

- 1 x Tweezer metal
- 1 x First aid kit bag



GENERAL SURGICALS



The mx Health Plaster range offers high-quality adhesive solutions for wound care, providing reliable protection and support for minor cuts, abrasions, and injuries.



Waterproof beige plasters

Code	Size	Qty	Barcode
MX76105	19 x 72mm	20's	5057881761051



Fabric plasters

Code	Size	Qty	Barcode
MX76108	19 x 72mm	20's	5057881761082



Sensitive plasters

Code	Size	Qty	Barcode
MX76107	19 x 72mm	20's	5057881761075



Kids assorted plasters

Code	Size	Qty	Barcode
MX76114	Assorted	20's	5057881761143

Available sizes: 10 x (19 x 56mm) | 10 x (19 x 72mm)



Hand & finger assorted plasters

Code	Size	Qty	Barcode
MX76109	Assorted	20's	5057881761099

Available sizes: 5 x (46 x 60mm) | 5 x (45 x 50mm) | 5 x (20 x 120mm) | 5 x H-shape (38 x 76mm)



Transparent assorted plasters

Code	Size	Qty	Barcode
MX76106	Assorted	20's	5057881761068

Available sizes: 6 x (25 x 72mm) | 8 x (30 x 55mm) | 6 x (50 x 76mm)



Assorted plaster display unit

Code	Qty	Barcode
MX79348	30's	5057881793489

TAPES & PLASTERS

mx^{HEALTH}™



The mx Health Plaster range offers high-quality adhesive solutions for wound care, providing reliable protection and support for minor cuts, abrasions, and injuries.



Glow in the dark kids plasters

Code	Size	Qty	Barcode
MX76115	20 x 70mm	20's	5057881761150

Breathable waterproof material | Protective wound pad | 3 colourful designs | Latex free



Boil plasters

Code	Size	Qty	Barcode
MX76101	38 x 38mm	4's	5057881761013



Ventilated Centre



Extra tough fabric plasters

Code	Size	Qty	Barcode
MX76100	72 x 38mm	20's	5057881761003

Extra large wound pad | Flexible and hard-wearing fabric



Strong Adhesion

Fabric plaster roll

Code	Size	Barcode
MX77118	2.5cm x 5m	5057881771180

Strong adhesion | Zinc oxide coating | Porous | Latex free



Tears Easily

Microporous tape

Code	Size	Barcode
MX77107	5cm x 5m	5057881771074
MX79312	1.25cm x 5m	5057881793120
MX79313	2.5cm x 5m	5057881793137

Breathable | Gentle on skin | Strong adhesion | Latex free



Water Resistant

Perforated surgical tape

Code	Size	Barcode
MX79310	1.25cm x 5m	5057881793106
MX79311	2.5cm x 5m	5057881793113
MX77103	5cm x 5m	5057881771036

Waterproof | Breathable | Gentle on skin | Latex free

mx^{HEALTH}™



Latex Free



Durable



360° Seal



Debris Shield

GLOW IN THE DARK PLASTERS



WHEN THE LIGHTS GO OUT THE MAGIC BEGINS

The mx Health Glow In The Dark Plasters deliver reliable wound protection with fun, child-friendly designs that glow softly in low-light conditions.

Designed to cover and protect minor cuts, scrapes and scratches, each plaster turns everyday first aid into magical moments of wonder.

mx^{HEALTH™}

nebulisers



5
YEAR
WARRANTY

- LOW NOISE LEVELS
- FAMILY FRIENDLY
- ADULT & CHILD MASK

Streamline compressor nebuliser

Code	Size	Barcode
NEB02	8ml Medicine cup	6009880130061



The mx Health Streamline Compressor Nebuliser is a state-of-the-art device designed for efficient and reliable aerosol therapy, providing relief for respiratory conditions such as asthma, chronic obstructive pulmonary disease (COPD), bronchitis, and other pulmonary disorders. Combining a compact design, robust performance, and advanced technology, the device ensures effective delivery of medication to the lungs with minimal effort.

Easy-Breathe II nebuliser

Code	Size	Barcode
NEB03	8ml Medicine cup	6009880582365



The mx Health Easy-Breathe II Nebuliser features dual-speed functionality, allowing users to switch between high-speed mode for quick treatment and low-speed mode for gentle, child-friendly therapy. With low noise levels, a nebulisation rate of up to 0.37 ml/min, and a medication capacity of 8 ml, this versatile and family-friendly device ensures precise and effective aerosol delivery while maintaining a quiet and comfortable environment.

thermometers



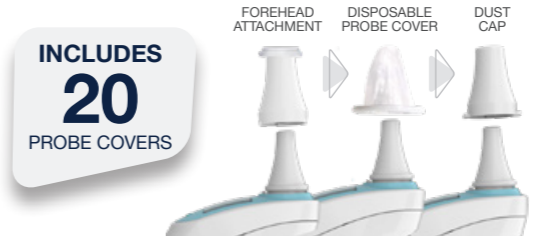
5
YEAR
WARRANTY

- EAR AND FOREHEAD
- BACKLIT LCD DISPLAY
- 1 SEC READING

2 in 1 ear and forehead digital thermometer

Code	Barcode
MX80107	5057881801078

The mx Health 2-in-1 Ear and Forehead Digital Thermometer combines advanced infrared technology with versatile dual-mode functionality, offering fast, accurate, and non-invasive temperature readings.



Disposable ear probe covers

Code	Barcode
MX80109	5057881801092

Hard-tip digital thermometer

Code	Barcode
MX86004	15057881860044

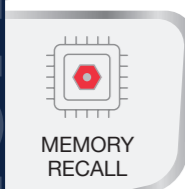
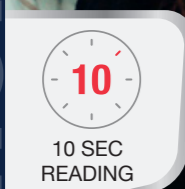
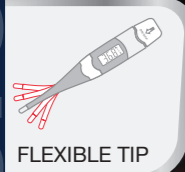
The mx Health Hard-Tip Digital Thermometer is a premium medical-grade device designed for fast, accurate, and hygienic temperature readings. Engineered for precision, the thermometer is ideal for both professional and home use, offering dependable performance in monitoring body temperature for adults, children, and infants.

- ONE TOUCH
- IP22 WATERPROOF



mx^{HEALTH}TM

5
YEAR
WARRANTY



DISPLAY SHIPPER
4
UNITS

- POWDER BLUE
- SAND
- OLIVE



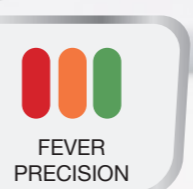
Flexi-tip digital thermometer

Code	Colour	Qty	Barcode
MX80200	Powder Blue	1	5057881802006
MX80201	Sand	1	5057881802013
MX80202	Olive	1	5057881802020

Reliable and user-friendly thermometer designed for accurate temperature measurement. The digital display provides clear and easy-to-read results within ten (10) seconds, making it an ideal choice for quick and efficient health checks at home. The thermometer is also equipped with a memory recall function that tracks temperature changes over time, making it easier to monitor trends and treat fever episodes.

The standout feature is its flexible, soft tip, engineered to provide maximum comfort during temperature measurement, especially for young children. Suitable for oral, rectal, or underarm use, the thermometer provides versatility and caters to different healthcare needs and user preferences.

thermometers



INCLUDES
20
PROBE COVERS

4 in 1 thermometer

Code	Barcode
MX80105	5057881801054

Measures object, ambient, forehead and ear temperature. Backlight for use in low light. Age selection for accurate fever detection.

Disposable ear probe covers

Code	Barcode
MX80106	5057881801061



5
YEAR
WARRANTY



mx^{HEALTH}TM

monitors



WHO BP INDICATOR



ARRHYTHMIA DETECTION (IHB)



MULTI-USER 2x99 memories



5 YEAR WARRANTY



Lite digital blood pressure monitor

Code	Cuff Size	Barcode
MX86012	22 - 42cm	5057881860129

Designed for everyday home monitoring, the mx Health Lite Blood Pressure Monitor delivers accurate upper-arm blood pressure and pulse readings with a simple one-touch operation, clear digital display, and built-in heartbeat detector for added peace of mind.



ARRHYTHMIA DETECTION (IHB)



Compact digital blood pressure monitor

Code	Cuff Size	Barcode
MX86005	220 - 420mm	6009880130078

The mx Health Compact Blood Pressure Monitor is a non-invasive blood pressure management system that can be used by medical professionals or individuals seeking a home solution. The device measures the diastolic and systolic blood pressure and pulse rates of adults through means on a non-invasive inflatable cuff that is wrapped around the upper arm.



APPROVED BY THE BRITISH AND IRISH HYPERTENSION SOCIETY FOR ACCURACY

monitors



WHO BP INDICATOR



ARRHYTHMIA DETECTION (IHB)



MULTI-USER 240 memories

5 YEAR WARRANTY



INCLUDES a convenient storage stand solution



Maxi digital blood pressure monitor

Code	Cuff Size	Barcode
MX76120	220 - 400mm	5057881761204

The mx Health Maxi Digital Blood Pressure Monitor boasts an expansive screen, enhancing the ease of blood pressure checks. Its compact and portable design makes it the ideal device for patients who need to manage their blood pressure from home. The fully-automatic upper-arm style monitor effectively manages hypertension and indicates average BP ratings.



LATEX FREE



LARGE (22-42cm)

X-LARGE (42-48cm)



BP MONITOR ACCESSORY



Replacement blood pressure monitor cuff

Code	Size	Barcode
MX86010	Large	5057881860105
MX86011	X-Large	5057881860112

The mx Health Replacement Blood Pressure Cuff is designed to fit adult upper arms with a circumference of 22-42cm and 42-48cm and are compatible with the mx Health and Econocare Blood Pressure Monitors. Manufactured for comfort and accuracy, the cuff features high-quality polyester fabric and a non-toxic PVC air bladder for reliable, long-lasting performance. A soft hook-and-loop fastening system ensures a secure, comfortable fit, supporting regular and accurate blood pressure readings.

mx^{HEALTH™}

monitors

5
YEAR
WARRANTY



WHO BP INDICATOR



ARRHYTHMIA DETECTION (IHB)



Wrist blood pressure monitor

Code	Cuff Size	Barcode
BP104	140 - 195mm	6009880582532

The mx Health Wrist Blood Pressure Monitor is a modern, compact device designed to deliver fast, accurate, and reliable blood pressure and heart rate measurements. Perfect for at-home monitoring or on-the-go use, the advanced device features intuitive controls, memory storage, and precise measurement capabilities, ensuring comprehensive health tracking for individuals managing hypertension or cardiovascular conditions.



MEASURES SpO₂



MEASURES OXYGEN



Fingertip pulse oximeter

Code	Barcode
MX86001	5057881860013



The mx Health Fingertip Pulse Oximeter is a compact, non-invasive device that measures adult blood oxygen levels and features a large LED screen with low power consumption for easy, on-the-go monitoring.



FLEXI-TIP
digital thermometer

The mx Health Flexi-Tip Digital Thermometer with its flexible, soft tip, is engineered to provide maximum comfort during temperature measurement, especially for young children and individuals with sensitive skin.

Suitable for oral, rectal, or underarm use, the thermometer provides versatility and caters to different healthcare needs and user preferences.

RAPID HOME TEST KITS

- RELIABLE TESTING
- EASY TO READ RESULTS
- COMPLETE TESTING KIT
- EASY-TO-USE INSTRUCTIONS

URINE TEST

8 UNIT SHIPPER
99.5% ACCURATE RESULTS

8 UNIT SHIPPER



Urinary tract infection

Code	Barcode
MX86316	5057881863168

Includes three individually wrapped, easy-to-use test strips with clear, straightforward instructions, providing a reliable, four parameter test strips that detect blood, nitrites, leukocytes, and protein in the urine for accurate results. Enabling pharmacists to dispense with confidence, while also supporting convenient, discreet self-testing for patients at home.

BLOOD TEST

8 UNIT SHIPPER
95.3% ACCURATE RESULTS

8 UNIT SHIPPER



Vitamin D deficiency

Code	Barcode
MX86317	5057881863175

Vitamin D is an essential mineral for a healthy body. Vitamin D is needed in order for the body to absorb Calcium making Vitamin D a key component in bone health, especially post menopause.

URINE TEST

8 UNIT SHIPPER
95.3% ACCURATE RESULTS

8 UNIT SHIPPER



Detecting 7 common STREET & PRESCRIPTION DRUGS

Multi-drug 7 in 1 panel

Code	Barcode
MX86327	5057881863274

- Amphetamine
- Benzodiazepines
- Cocaine
- Cannabis
- Methamphetamine
- Opiates
- Ketamine

AMP BZO COC THC MET OPI KET

RESULTS IN

5 MINS

Detects seven commonly abused substances. Suitable for employers, guardians, healthcare workers, and individuals seeking safe, confidential screening, providing clear, easy-to-interpret results for private and discreet testing.

BLOOD TEST

8 UNIT SHIPPER
97.2% ACCURATE RESULTS

8 UNIT SHIPPER



Iron (Ferritin) deficiency

Code	Barcode
MX86318	5057881863182

Designed for convenient at-home use, the Iron (Ferritin) Rapid Home Test Kit allows individuals to monitor their iron levels and identify potential deficiencies. Results are available in five (5) minutes, enabling users to take timely action through dietary changes or medical advice.

RAPID HOME TEST KITS

- RELIABLE TESTING
- EASY TO READ RESULTS
- COMPLETE TESTING KIT
- EASY-TO-USE INSTRUCTIONS

SWAB TEST
98.1%
ACCURATE RESULTS

8 UNIT SHIPPER



Vaginal pH swab

Code	Barcode
MX86325	5057881863250

Reliable and easy-to-use solution for monitoring vaginal health. Designed to detect pH imbalances that may indicate condition such as bacterial vaginosis or yeast infections, the test delivers accurate results in 60 seconds.

8 UNIT SHIPPER



BLOOD TEST
99.5%
ACCURATE RESULTS

Measures the concentration of Thyroid Stimulating Hormone (TSH) to provide an accurate assessment of thyroid function, enabling early identification of potential hypothyroidism.

TSH Hypothyroidism

Code	Barcode
MX86323	5057881863236

8 UNIT SHIPPER

URINE TEST
100%
ACCURATE RESULTS



FSH Menopause detection

Code	Barcode
MX86322	5057881863229

Measures Follicle Stimulating Hormone (FSH) levels to support early identification of menopause. Suitable for women experiencing symptoms such as irregular periods, hot flashes, and mood changes.

8 UNIT SHIPPER

URINE TEST
99.9%
ACCURATE RESULTS



Ovulation

Code	Barcode
MX86310	5057881863106

A rapid urine-based test that detects a rise in luteinizing hormone (LH) to help determine the most fertile window for conception. The test supports accurate identification of ovulation for family planning and cycle tracking.

8 UNIT SHIPPER

URINE TEST
99%
ACCURATE RESULTS



Pregnancy midstream test | 2's

Code	Barcode
MX86319	5057881863090

Accurately detects human chorionic gonadotropin (hCG) in concentrations less than half that of normal pregnancy tests, allowing early detection up to 6 days BEFORE a missed period.



KINESIOLOGY SPORT TAPE



Kinesiology tape

Code	Colour	Size	Barcode
MX79001	Light Blue	5cm x 5m	5057881790013
MX79011	Pink	5cm x 5m	5057881790112
MX79021	Black	5cm x 5m	5057881790211
MX79031	Dark Blue	5cm x 5m	5057881790310
MX79041	Beige	5cm x 5m	5057881790419
MX79051	Yellow	5cm x 5m	5057881790518
MX79061	Red	5cm x 5m	5057881790617
MX79081	Camo	5cm x 5m	5057881790815
MX79138	Inferno	5cm x 5m	5057881791386

MODERATE SUPPORT **CUT TO SIZE** **HIGHLY BREATHABLE** **STRONG ADHESION** **LATEX FREE** **TAPE STRETCH**



LIMITED EDITION TROPICAL

Kinesiology tape | tropical

Code	Colour	Size	Barcode
MX79139	Tropical	5cm x 5m	5057881791393



Kinesiology tape | sensitive

Code	Type	Size	Barcode
MX79140	Sensitive	5cm x 5m	5057881791409



freedom to move

TAPES & STRAPPING

ELASTIC ADHESIVE STRAPPING

ZINC OXIDE RIGID STRAPPING



Elastic adhesive strapping

Code	Colour	Size	Barcode
B2050	White	5cm x 4.5m	6009801179070
B2075	White	7.5cm x 4.5m	6009801179087
B2100	White	10cm x 4.5m	6009801179094

The mx Health Elastic Adhesive Strapping is a high-performance adhesive tape designed to provide firm, flexible support to joints that are injured or prone to injury. Combining excellent stretch with superior adhesion, the strapping allows controlled movement while maintaining stability and reducing the risk of re-injury.

Lightweight yet durable, the versatile strapping is frequently used by sports physicians and physiotherapists for ankle, knee, hand, and other joint taping applications.

Material content: 100% Cotton

- MODERATE SUPPORT**
- CUT TO SIZE**
- LATEX FREE**
- TAPE STRETCH**
150%
- HIGHLY BREATHABLE**
- ZINC OXIDE ADHESIVE**
- MAX WEAR TIME**
1-3 days



Zinc oxide rigid strapping

Code	Colour	Size	Barcode
MX79237	Beige	3.8cm x 13.7m	5057881792376
MX79238	Beige	5cm x 13.7m	5057881792383

The mx Health Zinc Oxide Rigid Strapping is a premium adhesive sports tape intended to provide strong, reliable support to joints that are injured or vulnerable to injury.

Made with high-quality cotton and coated with zinc oxide adhesive, the tape ensures a firm, non-elastic hold that effectively restricts movement and stabilises the affected area. Ideal for use in both preventative and rehabilitative applications, the rigid strapping helps reduce the risk of re-injury while promoting recovery. The easy-to-tear design allows for quick and efficient application, making it a trusted choice for athletes, physiotherapists and healthcare professionals.

Material content: 100% Rayon

- HIGH SUPPORT**
- CUT TO SIZE**
- LATEX FREE**
- TAPE STRETCH**
0%
- HIGHLY BREATHABLE**
- WATERPROOF**
- MAX WEAR TIME**
1-3 days
- ZINC OXIDE**

freedom to move

ELASTICATED TUBULAR SUPPORTS



1
METRE ROLL

Whether used for injury rehabilitation, post-operative recovery, or preventative support during physical activity, the mx Health Elasticated Tubular Support offers a dependable and effective solution for targeted compression and lasting comfort.

Available in a variety of diameters to accommodate various applications, the support can be easily cut to the required size and applied in single or double layers to achieve the desired level of compression.

Material content: 75% Cotton, 25% Elastic Yarn.

SUPPORT RATING:



Measurements
Limb size: 13 - 16cm
IDEAL FOR:
Small hand or arm.

Elasticated tubular support | type B

Code	Barcode
MX70100	5057881701002

Measurements
Limb size: 16 - 20cm
IDEAL FOR:
Small ankle, medium arm.

Elasticated tubular support | type C

Code	Barcode
MX70101	5057881701019

Measurements
Limb size: 20 - 24cm
IDEAL FOR:
Small knee, medium ankle, large arm.

Elasticated tubular support | type D

Code	Barcode
MX70102	5057881701026

Measurements
Limb size: 28 - 36cm
IDEAL FOR:
Medium thigh, large knee.

Elasticated tubular support | type F

Code	Barcode
MX70104	5057881701040

Measurements
Limb size: 24 - 28cm
IDEAL FOR:
Small thigh, medium knee, large ankle.

Elasticated tubular support | type E

Code	Barcode
MX70103	5057881701033

Measurements
Limb size: 36 - 46cm
IDEAL FOR:
Large thigh

Elasticated tubular support | type G

Code	Barcode
MX70105	5057881701057

freedom to move

STANDARD ELASTICATED SUPPORTS



The Standard Elasticated Supports range offers medium level support with no restrictions while exercising. The construction of the soft elasticated material ensures that the support is durable, breathable, and comfortable.

Material content: 54% Polyester, 46% Elastic.

SUPPORT RATING:



Elbow

Code	Size	Measurements	Barcode
MX71311	Small	18 - 22.5cm	5057881713111
MX71321	Medium	22.5 - 27cm	5057881713210
MX71331	Large	27 - 31.5cm	5057881713319
MX71341	X Large	31.5 - 36cm	5057881713418
MX71351	XX Large	36 - 40.5cm	5057881713517



Wrist

Code	Size	Measurements	Barcode
MX71511	Small	13 - 16cm	5057881715115
MX71521	Medium	16 - 19cm	5057881715214
MX71531	Large	19 - 22cm	5057881715313
MX71541	X Large	22 - 25cm	5057881715412
MX71551	XX Large	25 - 28cm	5057881715511
MX71561	XXX Large	28 - 31cm	5057881715610



Hand

Code	Size	Measurements	Barcode
MX71411	Small	13 - 16cm	5057881714118
MX71421	Medium	16 - 19cm	5057881714217
MX71431	Large	19 - 22cm	5057881714316
MX71441	X Large	22 - 25cm	5057881714415
MX71451	XX Large	25 - 28cm	5057881714514
MX71461	XXX Large	28 - 31cm	5057881714613



Knee

Code	Size	Measurements	Barcode
MX71111	Small	30 - 36cm	5057881711117
MX71121	Medium	36 - 42cm	5057881711216
MX71131	Large	42 - 48cm	5057881711315
MX71141	X Large	48 - 54cm	5057881711414
MX71151	XX Large	54 - 60cm	5057881711513
MX71161	XXX Large	60 - 66cm	5057881711612

Ankle

Code	Size	Measurements	Barcode
MX71211	Small	15 - 20cm	5057881712114
MX71221	Medium	20 - 25cm	5057881712213
MX71231	Large	25 - 30cm	5057881712312
MX71241	X Large	30 - 35cm	5057881712411
MX71251	XX Large	35 - 40cm	5057881712510
MX71261	XXX Large	40 - 45cm	5057881712619

SPORT ANATOMICAL DESIGN REHABILITATION BREATHABLE EVERYDAY 2-WAY STRETCH

freedom to move

PREMIUM ELASTICATED SUPPORTS



Double silicone gel strip on the inside to reduce slipping.

Breathable and sweat releasing.

4-Way stretch.

3D weaving technology for seamless finish and comfort fit.



The Premium Elasticated Supports range is designed to provide targeted support to damaged or weakened muscles and joints. Gentle compression of the targeted area helps to reduce swelling and prevent further injury.

Material content: 52% Nylon, 35% Elastic, 13% Spandex.

SUPPORT RATING:



Knee

Code	Size	Measurements	Barcode
MX72111	Small	30 - 36cm	5057881721116
MX72121	Medium	36 - 42cm	5057881721215
MX72131	Large	42 - 48cm	5057881721314
MX72141	X Large	48 - 54cm	5057881721413
MX72151	XX Large	54 - 60cm	5057881721512
MX72161	XXX Large	60 - 66cm	5057881721611

Ankle

Code	Size	Measurements	Barcode
MX72211	Small	15 - 20cm	5057881722113
MX72221	Medium	20 - 25cm	5057881722212
MX72231	Large	25 - 30cm	5057881722311
MX72241	X Large	30 - 35cm	5057881722410
MX72251	XX Large	35 - 40cm	5057881722519
MX72261	XXX Large	40 - 45cm	5057881722618

Elbow

Code	Size	Measurements	Barcode
MX72311	Small	18 - 22.5cm	5057881723110
MX72321	Medium	22.5 - 27cm	5057881723219
MX72331	Large	27 - 31.5cm	5057881723318
MX72341	X Large	31.5 - 36cm	5057881723417
MX72351	XX Large	36 - 40.5cm	5057881723516
MX72361	XXX Large	40.5 - 45cm	5057881725615

Wrist

Code	Size	Measurements	Barcode
MX72511	Small	13 - 16cm	5057881725114
MX72521	Medium	16 - 19cm	5057881725213
MX72531	Large	19 - 22cm	5057881725312
MX72541	X Large	22 - 26cm	5057881725411
MX72551	XX Large	26 - 30cm	5057881725510
MX72561	XXX Large	30 - 34cm	5057881725619

Hand

Code	Size	Measurements	Barcode
MX72811	Small	13 - 16cm	5057881728115
MX72821	Medium	16 - 19cm	5057881728214
MX72831	Large	19 - 22cm	5057881728313
MX72841	X Large	22 - 26cm	5057881728412
MX72851	XX Large	26 - 30cm	5057881728511
MX72861	XXX Large	30 - 34cm	5057881728610

Back

Code	Size	Measurements	Barcode
MX72711	S/M/L	61 - 107cm	5057881727118
MX72721	L/XL/XXL	107 - 124cm	5057881727217

Waist belt

Code	Size	Measurements	Barcode
MX72611	S/M/L	61cm - 107cm	5057881726111



freedom to move

SPORTS SUPPORTS

PERFORMANCE GEL-TECH



Measurements
 S: 30 - 36cm
 M: 36 - 42cm
 L: 42 - 48cm
 XL: 48 - 54cm
 XXL: 54 - 60cm
 XXXL: 60 - 66cm

Knee stabiliser

Code	Size	Barcode
MX73111	Small	5057881731115
MX73121	Medium	5057881731214
MX73131	Large	5057881731313
MX73141	X Large	5057881731412
MX73151	XX Large	5057881731511
MX73161	XXX Large	5057881731610

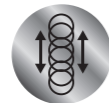
GRIP-ZONE TECHNOLOGY

No slipping, sliding or readjusting, even during intense activities.



GEL SUPPORT

Contoured silicone pad relieves pressure on the kneecap and tendons to reduce strain.



IMBEDDED STABILISERS

Dual spring splints support the joint.

INTEGRATED GEL SUPPORT
 KNEE ELBOW ANKLE

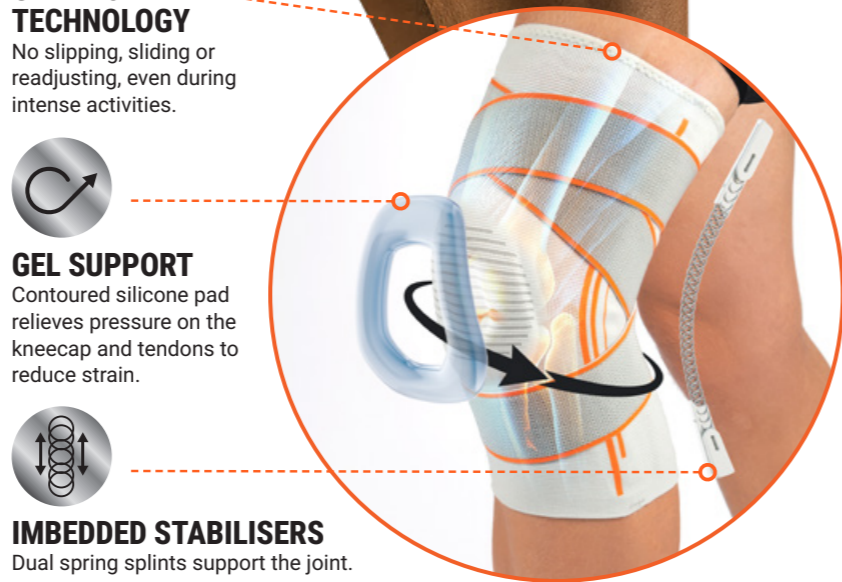
BREATHABLE

TARGETED COMPRESSION

EASY FIT

SUPPORT RATING:

1 2 3 4 5
 LIGHT → EXTRA FIRM



LOW PROFILE DESIGN

Slim enough to fit comfortably into most shoes, ideal for daily wear or athletic use.



Measurements
 S: 15 - 20cm
 M: 20 - 25cm
 L: 25 - 30cm
 XL: 30 - 35cm
 XXL: 35 - 40cm
 XXXL: 40 - 45cm

Ankle stabiliser

Code	Size	Barcode
MX73211	Small	5057881732112
MX73221	Medium	5057881732211
MX73231	Large	5057881732310
MX73241	X Large	5057881732419
MX73251	XX Large	5057881732518
MX73261	XXX Large	5057881732617



Measurements
 S: 18 - 22.5cm
 M: 22.5 - 27cm
 L: 27 - 31.5cm
 XL: 31.5 - 36cm
 XXL: 36 - 40.5cm
 XXXL: 40.5 - 45cm

Elbow stabiliser

Code	Size	Barcode
MX73311	Small	5057881733119
MX73321	Medium	5057881733218
MX73331	Large	5057881733317
MX73341	X Large	5057881733416
MX73351	XX Large	5057881733515
MX73361	XXX Large	5057881733614

The mx Health Performance Gel-Tech Supports range is engineered to deliver advanced joint stabilisation, targeted compression, and all-day comfort for active individuals, athletes, and those recovering from injury. Combining anatomically contoured silicone gel pads with an advanced 3D elastic weave, the supports provide optimal joint protection while allowing natural movement and breathability.

Each support is designed with integrated gel technology that cushions pressure points, reduces strain on tendons and ligaments, and promotes therapeutic relief. The removable, customisable support straps enable controlled compression and added joint stability, making the supports versatile for rehabilitation, daily use, or performance enhancement during sports activities.

Material content: 65% Nylon, 5% Elastic, 20% Latex thread, 10% Silicone gel.

freedom to move

SPORTS SUPPORTS

PREMIUM UNIVERSAL SUPPORTS



Measurements
S/M/L: 24 - 43cm
L/XL/XXL: 43 - 57cm

Code	Size	Barcode
MX74101	S/M/L	5057881741015
MX74171	L/XL/XXL	5057881741718

Measurements
Upper knee: 28 - 45cm
Lower knee: 27 - 42cm

Double patella strap

Code	Size	Barcode
MX74191	UNI S/M/L	5057881741916



- SPORT**
- EVERYDAY**
- REHABILITATION**
- ADJUSTABLE**
- ANATOMICAL DESIGN**
- HEAT RETENTION**



The Premium Universal Supports range is designed to provide reliable all-round support for weak, arthritic or injured muscles and joints. The SBR material retains the body's natural warmth to provide therapeutic relief and help promote healing.

Material content: 60% Rubber, 20% Nylon, 20% Polyester.

SUPPORT RATING:



Measurements
S/M/L: 17 - 27cm
L/XL/XXL: 24 - 34cm

Ankle

Code	Size	Barcode
MX74201	S/M/L	5057881742012
MX74271	L/XL/XXL	5057881742715



Measurements
S/M/L: 20 - 31cm
L/XL/XXL: 27 - 37cm

Elbow

Code	Size	Barcode
MX74301	S/M/L	5057881743019
MX74371	L/XL/XXL	5057881743712



Measurements
S/M/L: 13 - 22cm
L/XL/XXL: 19 - 28cm

Wrist

Code	Size	Barcode
MX74501	S/M/L	5057881745013
MX74581	L/XL/XXL	5057881745815



Measurements
UNIVERSAL: 20 - 31cm

Tennis elbow

Code	Size	Barcode
MX74391	S/M/L	5057881743910

freedom to move

PREMIUM NEOPRENE SUPPORTS



The Premium Neoprene Supports range delivers exceptional comfort by combining breathable material with natural heat-retaining properties. By maintaining the body's warmth, each support provides therapeutic relief that promotes healing and aids in recovery.

Knee

Code	Size	Measurements	Barcode
MX74111	Small	32 - 36.5cm	5057881741114
MX74121	Medium	36.5 - 41cm	5057881741213
MX74131	Large	41 - 45.5cm	5057881741312
MX74141	X Large	45.5 - 50cm	5057881741411
MX74151	XX Large	50 - 54.5cm	5057881741510
MX74161	XXX Large	54.5 - 59cm	5057881741619

Material content:
80% Neoprene, 10% Nylon, 10% Cotton.

SUPPORT RATING:



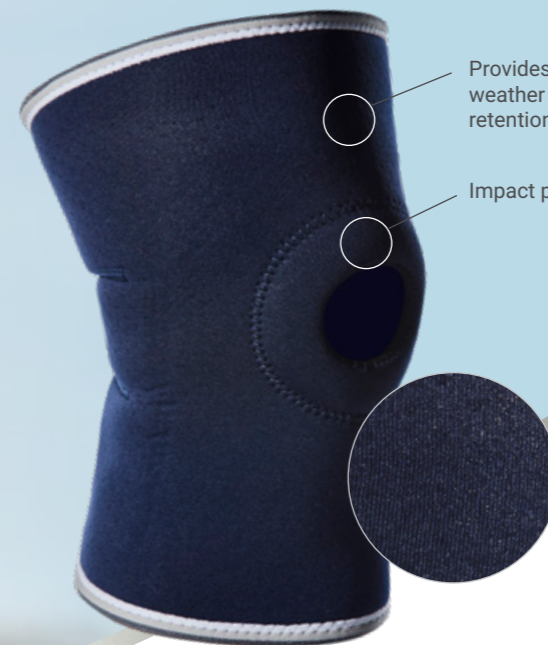
Ankle

Code	Size	Barcode
MX74211	Small	5057881742111
MX74221	Medium	5057881742210
MX74231	Large	5057881742319
MX74241	X Large	5057881742418
MX74251	XX Large	5057881742517
MX74261	XXX Large	5057881742616



Measurements
S: 17 - 20.5cm
M: 20.5 - 24cm
L: 24 - 27.5cm
XL: 27.5 - 31cm
XXL: 31 - 34.5cm
XXXL: 34.5 - 38cm

SPORT ANATOMICAL DESIGN REHABILITATION BREATHABLE HEAT RETENTION



Provides insulation in cold weather conditions and heat retention to aid in recovery.

Impact protection.



Measurements
S: 20 - 23.5cm
M: 23.5 - 27cm
L: 27 - 30.5cm
XL: 30.5 - 34cm
XXL: 34 - 37.5cm

Elbow

Code	Size	Barcode
MX74311	Small	5057881743118
MX74321	Medium	5057881743217
MX74331	Large	5057881743316
MX74341	X Large	5057881743415
MX74351	XX Large	5057881743514



Measurements
UNIVERSAL: 16 - 22cm

Thumb splint

Code	Size	Barcode
MX75022	One size	5057881750222



Measurements
S/M/L: 13 - 22cm
L/XL/XXL: 19 - 28cm

Wrist splint

Code	Size	Barcode
MX74590	S/M/L	5057881745907
MX74591	L/XL/XXL	5057881745914



Measurements
S/M/L: 61 - 107cm
L/XL/XXL: 107 - 124cm

Back support

Code	Size	Barcode
MX74711	S/M/L	5057881747116
MX74721	L/XL/XXL	5057881747215

freedom to move

ORTHOPAEDIC SUPPORTS



Lace-up ankle stabiliser

Code	Size	Measurements	Barcode
MX77065	Small	23 - 24.5cm	5057881770657
MX77066	Medium	24.5 - 26cm	5057881770664
MX77067	Large	26 - 27cm	5057881770671
MX77058	X Large	27 - 28cm	5057881770688

Wrist brace

Code	Size	Measurements	Barcode
MX77053	Left - S/M	21.5 - 31.5cm	5057881770534
MX77054	Left - M/L	23 - 37cm	5057881770541
MX77052	Right - S/M	21.5 - 31.5cm	5057881770527
MX77055	Right - M/L	23 - 37cm	5057881770558



Ankle brace

Code	Size	Measurements	Barcode
MX77056	Left - S/M	22 - 30.5cm	5057881770565
MX77057	Left - M/L	27 - 41cm	5057881770572
MX77051	Right - S/M	22 - 30.5cm	5057881770510
MX77058	Right - M/L	27 - 41cm	5057881770589



Pouch arm sling

Code	Size	Barcode
MX75301	Universal adult	5057881753018
MX75311	Universal paediatric	5057881753117



Advanced pouch arm sling

Code	Barcode
MX77050	5057881770503



Measurements

Waist Strap: 88.5cm
Shoulder Strap: 107cm
Sling Sleeve: 45.5 x 21cm



SUPPORT LEVEL
5/5
GLASS FIBRE BACK PLATE

2 in 1 Posture corrector

Code	Size	Measurements	Barcode
MX77060	Small	70 - 85cm	5057881770602
MX77061	Medium	85 - 105cm	5057881770619
MX77062	Large	105 - 125cm	5057881770626
MX77063	X Large	120 - 140cm	5057881770633
MX77064	XX Large	140 - 160cm	5057881770640



Neck collar

Code	Size	Measurements	Barcode
MX75211	Small	28 - 37.5cm	5057881740018
MX75221	Medium	37.5 - 45cm	5057881752219
MX75231	Large	45 - 54.5cm	5057881752318
MX75241	X Large	54.5 - 62cm	5057881752417
MX75251	XX Large	62 - 69.5cm	5057881752516

The mx Health Orthopaedic Supports range offers specialised support, ensuring comfort and stability for individuals recovering from injuries, undergoing post-operative care, or managing chronic conditions.

Material content:
54% Polyester, 46% Elastic.

SUPPORT RATING:



freedom to move

STANDARD COMPRESSION WRAPS



Standard compression wraps

Code	Size	Measurement	Barcode
MX76122	Small	40 x 7.5cm	5057881761228
MX76123	Medium	80 x 7.5cm	5057881761235
MX76124	Large	120 x 7.5cm	5057881761242

Made from high-quality woven compression material, the mx Health Compression Wraps are designed to provide medium level support for targeted pain relief. With no movement restrictions while exercising, the compression wraps are suitable for all types of sports activities and everyday use. The elasticated, 2-way stretch material ensures that the support provided is durable, breathable, and comfortable. The integrated starter loop allows for easy pre-positioning for precise and controlled compression.

Material content: 70% Polyester, 30% Latex thread.



SPORT **ANATOMICAL DESIGN** **REHABILITATION** **BREATHABLE** **EVERYDAY** **2-WAY STRETCH**

SUPPORT RATING:

1 2 3 4 5

LIGHT EXTRA FIRM

DUAL DENSITY MOUTHGUARDS



- BOTTOM SECURITY PADS**
For maximum grip and protection.
- INCREASED BREATHABILITY**
Specially designed air channel for optimal airflow.
- BOIL AND BITE SELF FIT TECHNOLOGY**
Premium EVA material provides a tight and comfortable fit.
- DUAL DENSITY**
Premium self-mould inner layer for a customised fit. Advanced exterior design for excellent impact resistance.

Dual density mouthguards

Code	Size	Barcode
MX79510	Junior 6-11	5057881795100
MX79511	Senior 11+	5057881795117

MATERNITY SUPPORT BELT

The mx Health Maternity Support Belt offers exceptional support and comfort for expectant mothers, providing relief from back, pelvic, and abdominal discomfort during pregnancy. Designed with adjustable, breathable fabric, the maternity belt conforms to the natural shape of the stomach, ensuring a perfect fit throughout all stages of pregnancy.

Material content: 30% Soft Foam, 20% Nylon, 40% Elastic, 10% Acrylic.

Maternity support belt

Code	Size	Colour	Barcode
MX77059	One size	Beige	5057881770596

ADJUSTABLE **BREATHABLE** **EVERYDAY** **2-WAY STRETCH** **LIGHTWEIGHT**



freedom to move

TOPICAL SPORTS MASSAGE CREAM



SYNERGISTIC INGREDIENT PROFILE



MSM + herbals



Helps ease stiffness & tension

Delivers a fast-absorbing, cooling effect that relaxes tight muscles and supports joint mobility through improved circulation and anti-inflammatory action.

Soothes overworked muscles

A synergistic blend of MSM, menthol, and herbal actives calms fatigued muscles while reducing inflammation and promoting recovery after physical exertion.

Pre & post-activity comfort

Provides dual phase thermosensory relief that prepares muscles before activity and aids recovery afterward by reducing soreness and stiffness.

Reduces sensations of discomfort

Clinically formulated with targeted counterirritants and botanicals that alleviate localised musculoskeletal pain while supporting tissue repair and relaxation.



St. John's Wort (Hypericum Perforatum)

Historically used in topical applications for its analgesic, anti-inflammatory, and tissue-repairing properties.



Tea Tree Oil (Melaleuca Alternifolia)

Helps to reduce redness, irritation, and inflammation, making it an effective component in formulations targeting acne, fungal infections, and various inflammatory skin conditions.



Arnica Montana

Widely utilised in topical therapeutics for its efficacy in reducing swelling and promoting the resolution of bruises, soft tissue injuries, and muscular discomfort.



MSM (Methylsulfonylmethane)

Bioavailable organic sulfur compound widely recognised for its anti-inflammatory and tissue-supporting properties.



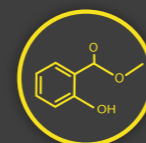
Marigold (Calendula Officinalis)

Traditionally used for its calming and reparative effects on the skin, it is well-regarded for its ability to soothe irritation and support the healing of minor wounds, burns, abrasions, and cuts.



Menthol Crystals

A naturally occurring compound traditionally used as a cooling counterirritant in topical analgesic formulations. It works by stimulating cold-sensitive thermoreceptors in the skin, producing a cooling sensation.



Wintergreen Oil (Methyl Salicylate)

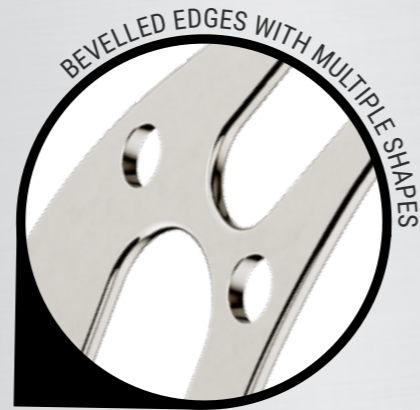
Its proven efficacy in reducing pain and inflammation makes it a staple in topical preparations designed for sports recovery, rheumatic conditions, and general musculoskeletal support.

Topical sports massage cream

Code	Size	Barcode
MX79358	100g	5057881793588

MYOFASCIAL RELEASE TOOL

DESIGNED TO PROVIDE MUSCLE PAIN RELIEF AND IMPROVED MOBILITY



Myofascial release tool	
Code	Barcode
MX79512	5057881795124

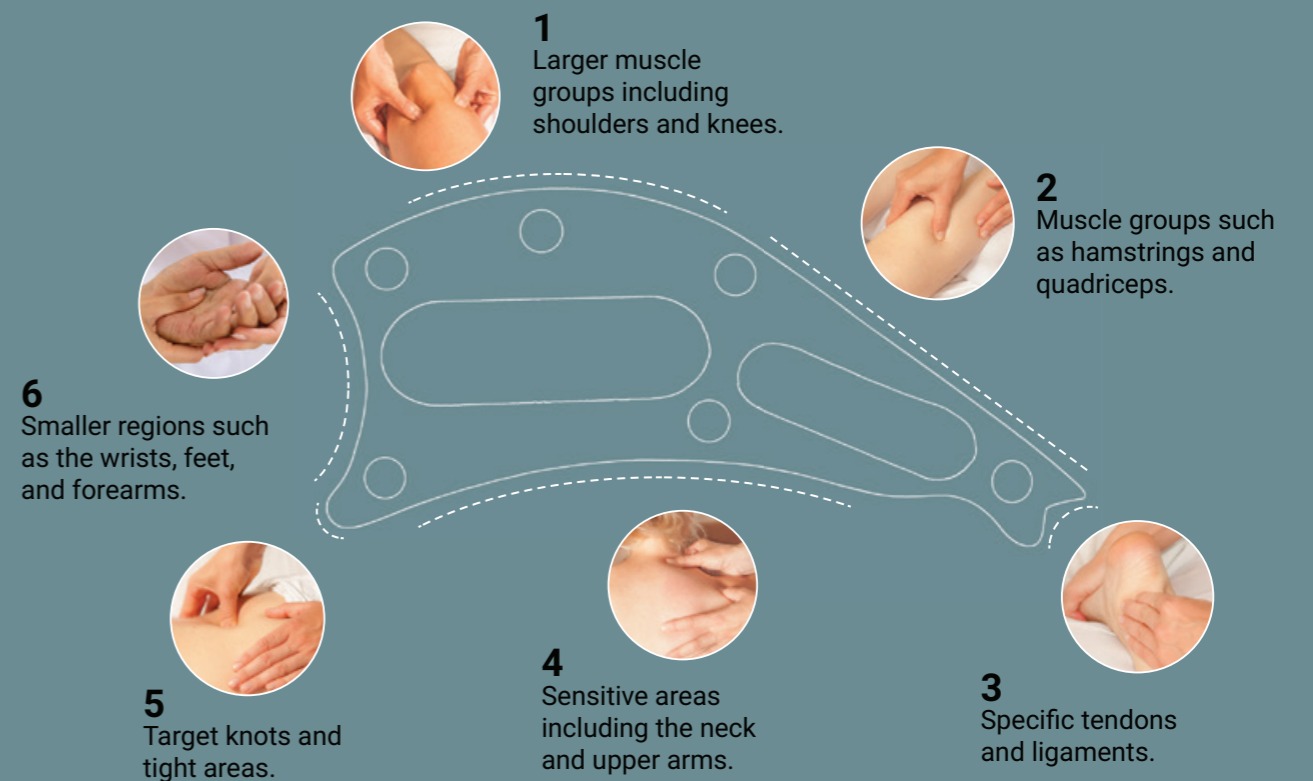


COMPACT & EASY TO CLEAN

DURABLE STAINLESS STEEL DESIGN

The Myofascial Release Tool is expertly designed to target various areas of the body, addressing specific muscle groups to provide unparalleled relief from muscle pain while enhancing range of motion. With its uniquely contoured sections, this tool is engineered with the principles of myofascial in mind, applying precision pressure to the fascia – the connective tissue surrounding the muscles – to alleviate discomfort and increase mobility.

Featuring full hand and finger grip holes for ease of use and optimal control, this tool stands as a trusted choice for physiotherapists, chiropractors, and massage therapists. Excelling in instrument-assisted soft tissue mobilisation (IASTM), the Myofascial Release Tool boasts a stainless-steel design with bevelled edges to penetrate deeply into muscles to mobilise restricted fascia and release myofascial trigger points.



thermX

Hot and cold therapy for natural, effective treatment of pain and inflammation.

Perfect for first aid, recovery or as part of a long-term treatment plan.

HOT / COLD THERAPY PACKS | INSTANT ICE PACKS |
INSTANT HEAT PACKS | THERMAL GEL SLEEVES |
THERMAL SHOULDER SUPPORT | THERMAL MIGRAINE CAP





Thermotherapy (heat therapy) is a procedure that involves the application of superficial heat to alleviate muscle stiffness, chronic pain and tension, as well as promote increased blood circulation to speed up recovery. Heat therapy can be used multiple times a day if needed.

Cryotherapy (cold therapy) involves the use of extreme cold to reduce swelling, inflammation, and ease acute pain after an injury or surgery. Cold therapy can be used multiple times a day during the initial stages of an injury or to manage swelling and inflammation.



Hot/cold therapy pack

Code	Size	Barcode
MX79300	265 x 135mm	5057881793007

Suitable for both the microwave and freezer, the thermX Hot/Cold Therapy Pack delivers rapid and effective pain relief. Featuring a 2-in-1 healing pad design, the pack is reusable, long-lasting, and maintains flexibility in any temperature.



Hot/cold therapy pack with strap

Code	Size	Barcode
MX79301	265 x 135mm	5057881793014

For enhanced support, the thermX Hot/Cold Therapy Pack is also available with an adjustable 85cm support strap, ensuring a customised and secure fit.

Thermoflex therapy pack

Code	Size	Qty	Barcode
MX76361	265 x 135mm	10	5057881763610

Engineered with advanced thermoflex gel bead technology, the thermX Thermoflex Therapy Pack offers both hot and cold therapy, making it ideal for soothing sore muscles, reducing inflammation, and promoting faster recovery from strains and pains.



- EFFECTIVE**
Provides fast & effective relief
- 2 IN 1**
Long lasting healing pad
- FLEXIBLE**
Malleable when frozen
- RE-USABLE**
Re-usable & long lasting

- 2 IN 1**
Long lasting healing pad
- FLEXIBLE**
Flexible when frozen
- ADJUSTABLE**
Adjustable 85cm velcro strap
- RE-USABLE**
Re-usable & long lasting

- THERMOFLEX BEADS**
Flexible when frozen
- EFFECTIVE**
Provides fast & effective relief
- HOT/COLD**
Microwave & freezer
- RE-USABLE**
Re-usable & long lasting





The thermX Instant Ice Cooling Pack and Instant Heat Compress Pack offers a hassle-free solution for the treatment of pain, swelling, muscle stiffness, and other injuries. With no freezing or preheating required, the packs deliver instant ice-cold relief for acute injuries or therapeutic warmth for soothing comfort through a quick and easy activation process.

Perfect for on-the-go sports activities or emergency situations, each pack serves as a convenient and essential addition to any first aid or recovery kit.



Instant ice cooling packs

Code	Size	Qty	Barcode
MX79302	127 x 152mm	2	5057881793021

Requires no pre-freezing and delivers immediate, ice-cold relief within 20 seconds upon activation, offering a quick and efficient solution for rapid cooling therapy.



SQUEEZE
Easy activation
ice pack



NO FREEZING
No freezing required
to become ice cold



EFFECTIVE
Provides fast &
effective relief

Instant ice cooling packs

Code	Size	Qty	Barcode
MX76359	280 x 134mm	20	5057881763598

Suitable for the treatment of swelling, inflammation, and acute pain after an injury or surgery.



SQUEEZE
Easy activation
ice pack



NO FREEZING
No freezing required
to become ice cold



EFFECTIVE
Provides fast &
effective relief

Instant heat therapy compress

Code	Size	Qty	Barcode
MX76362	127 x 152mm	20	5057881763628

Suitable for the treatment of muscle aches and pains, back pain, sinusitis, menstrual cramps, stiffness and arthritis.



**NO HEATING
REQUIRED**



SQUEEZE
Easy activation
hot pack

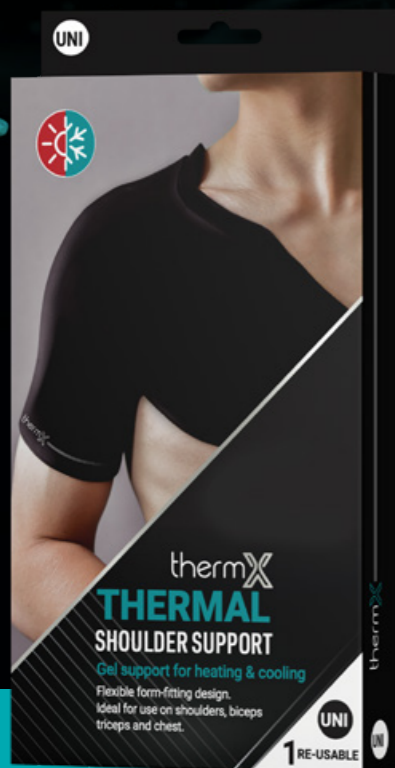


EFFECTIVE
Provides fast &
effective relief

Requires no pre-heating and delivers targeted warmth within 20 seconds upon activation, offering a quick and efficient solution for muscle tension, stiffness, and everyday discomfort.



The thermX Thermal Gel Sleeve and Shoulder Support range features an advanced gel formulation designed for superior heat and cold retention. The innovative gel maintains consistent therapeutic temperatures for extended periods, ensuring effective relief for sore muscles, joint pain, and inflammation. Flexible and durable, the gel adapts to the body's contours, providing targeted comfort while remaining reusable and easy to clean.



Thermal shoulder support

Code	Bicep size	Barcode
MX76356	260 - 420mm	5057881763567

With its ergonomic design, premium gel composition, and adjustable strap for a customised fit, the thermX Thermal Shoulder Support delivers consistent comfort and effective relief. Durable and easy to apply, it is an essential solution for natural pain management, injury recovery, and everyday shoulder support.



2 IN 1
Long lasting heating pad



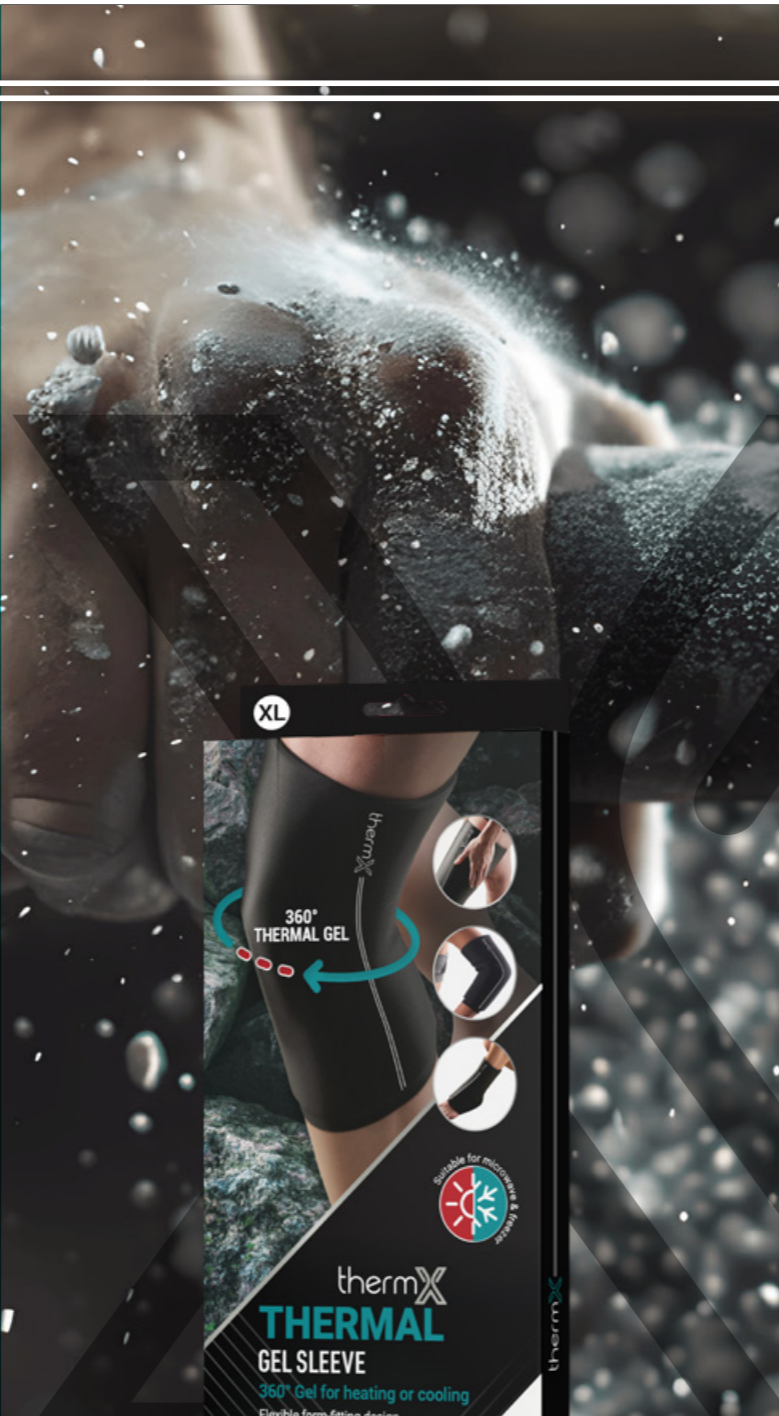
FLEXIBLE
Flexible when frozen



ADJUSTABLE
Adjustable strap



LASTING
Re-usable & long lasting



Thermal gel sleeve

Code	Size	Barcode
MX76116	S: 250 x 110mm	5057881761167
MX76117	M: 250 x 125mm	5057881761174
MX76118	L: 280 x 135mm	5057881761181
MX76119	XL: 280 x 145mm	5057881761198

Durable and reusable, the thermX Thermal Gel Sleeve retains flexibility in both hot and cold states for consistent comfort and performance.



360° THERMAL GEL
Form-fitting design



FLEXIBLE
Malleable when frozen



LASTING
Re-usable & long lasting



Thermal headache & migraine relief cap

Code	Size	Barcode
MX76112	210 x 145mm	5057881761129

The ThermX Thermal Headache & Migraine Relief Cap delivers targeted hot and cold therapy for headaches, migraines, and sinus pressure. The innovative 360-degree ergonomic cap provides soothing relief that helps reduce pain intensity and duration naturally.



360° THERMAL GEL
Form-fitting design



FLEXIBLE
Malleable when frozen



LASTING
Re-usable & long lasting



HOT/COLD
Suitable for microwave & freezer



3 in 1 breast therapy pack | 2's

Code	Barcode
MX79352	5057881793526

Cooling helps ease breast engorgement, tenderness, and inflammation for breastfeeding mothers. When heated, it aids in milk let down while pumping. Also suitable for post-surgical care to reduce swelling, bruising, and general breast discomfort.



SKIN COMFORT
Includes 2 soft washable covers



FLEXIBLE
Can be used with breast pump



HOT/COLD
Suitable for microwave & freezer



Everyday first aid essentials that are easy on the pocket, without compromising on quality. Offering a wide range of first aid and footcare products, in easy to merchandise, attractive packaging.

WOUND CARE | PILLBOXES | FOOTCARE |
EAR PLUGS | CAST PROTECTORS





SUPERIOR ADHESION



LATEX FREE



DURABLE



The VitaPlus Plasters offer durable and flexible protection for everyday cuts, scrapes, and minor wounds. Made from soft, breathable material, the plasters conform to the contours of the skin, allowing natural movement while staying securely in place.



Waterproof



Cut to size



Waterproof kids plasters

Code	Size	Qty	Barcode
VP61520	19x72mm	20	5057881615200

Waterproof plaster strips

Code	Size	Qty	Barcode
VP61201	60 x 100mm	4	5057881612018



Waterproof



X-Ray detectable

Assorted box contains
6 x (19 x 56mm)
12 x (19 x 72mm)
6 x (50 x 72mm)

Waterproof blue plasters

Code	Size	Qty	Barcode
VP61416	19x72mm	100	5057881614166
VP61411	Assorted	24	5057881614111



Waterproof



360° seal

Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)

Transparent plasters

Code	Size	Qty	Barcode
VP61311	19x72mm	16	5057881613114
VP61321	Assorted	16	5057881613213



Waterproof



360° seal



Waterproof spot plasters

Code	Size	Qty	Barcode
VP61511	22mm	24	5057881615118



Waterproof



360° seal



BULK PACK
100s

Waterproof spot plasters

Code	Size	Qty	Barcode
VP61516	22mm	100	5057881615163



Waterproof



360° seal

Assorted box contains
12 x (60 x 46mm)
12 x (76 x 38mm)

Waterproof knuckle & fingertip

Code	Size	Qty	Barcode
VP61532	Assorted	24	5057881615323



Flexible stretch



360° seal



Fabric plasters | classic

Code	Size	Qty	Barcode
VP61111	19x72mm	16	5057881611110



Waterproof



360° seal

Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)



Waterproof plasters | assorted

Code	Size	Qty	Barcode
VP61221	Assorted	16	5057881612216



Waterproof



360° seal



Waterproof plasters | classic

Code	Size	Qty	Barcode
VP61211	19 x 72mm	16	5057881612117



Flexible stretch



360° seal

Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)



Fabric plasters | assorted

Code	Size	Qty	Barcode
VP61121	Assorted	16	5057881611219



Flexible stretch



Cut to size



Fabric plaster strips

Code	Size	Qty	Barcode
VP61101	60x100mm	4	5057881611011



HYDROCOLLOID PLASTERS

protects, cushions and softens blisters, corns & calluses

WOUND CARE

protects minor cuts and abrasions



Helps prevent and protect against blisters.
Perfect when getting the steps in or on a night out in high heels.



SUPERIOR ADHESION



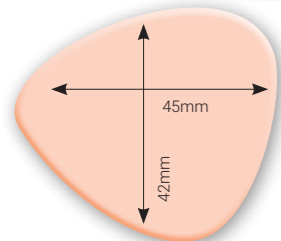
WATERPROOF



LONG LASTING

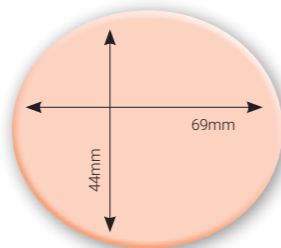


EXTRA PROTECTION



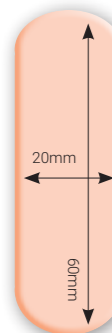
Callus & blister plasters

Code	Size	Qty	Barcode
VP61540	42x45mm	6	5057881615408



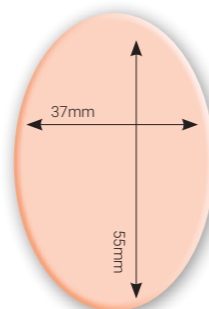
Blister plasters | extra comfort

Code	Size	Qty	Barcode
VP61541	44x69mm	5	5057881615415



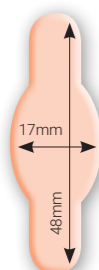
Blister plasters | small

Code	Size	Qty	Barcode
VP61542	20x60mm	6	5057881615422



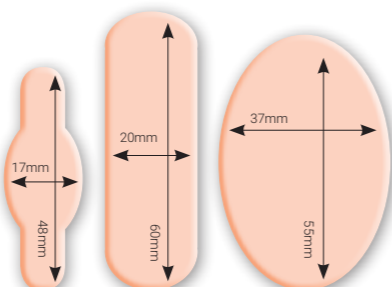
Blister plasters | medium

Code	Size	Qty	Barcode
VP61543	55x37mm	5	5057881615439



Blister plasters | toe

Code	Size	Qty	Barcode
VP61544	17x48mm	8	5057881615446



Blister plasters - mixed

Code	Size	Qty	Barcode
VP61545	mixed	5	5057881615453



Wound closure strips

Code	Size	Qty	Barcode
VP63192	Assorted	8	5057881631927



Wound dressings

Code	Size	Qty	Barcode
VP62001	90x100mm	5	5057881620013
VP62021	Assorted	6	5057881620211

Self-fixing bandages

Code	Size	Qty	Barcode
VP63200	40mm x 4m	1	5057881632009
VP63201	60mm x 4m	1	5057881632016
VP63202	80mm x 4m	1	5057881632023
VP63203	100mm x 4m	1	5057881632030

DISPLAY SHIPPER
8 UNITS



Breathable
Wounds heal with
reduced scarring

5 x (3 x 75mm)

3 x (6 x 75mm)



Debris shield



Absorbant pad



Latex free

Assorted box contains
2 x (100 x 100mm)
2 x (75 x 50mm)
2 x (50 x 50mm)

DISPLAY SHIPPER
HOLDS 8 UNITS



Blemish patches

Code	Size	Qty	Barcode
VP67017	12mm	24	5057881670179



Adhesive eye pads

Code	Size	Qty	Barcode
VP62051	60x80mm	4	5057881620518



Ultra thin and
translucent



Complete seal



Extra soft comfort



Left or right eye



Complete seal



No clips
required



Latex free



ORGANISED STORAGE



EASY TO READ MARKINGS



LIGHTWEIGHT MATERIAL

The VitaPlus Pill Box range offers a convenient and practical solution for organising daily medication. Designed for ease of use, the pill boxes feature clearly labelled compartments that help users manage their daily, weekly, or monthly doses. The secure snap closures keeps pills safe and the sleek and portable design makes them easy to carry in a travel bag or pocket.



Push button lids

Colour coded AM/PM

7 Day pillbox | am/pm

Code VP64223
Barcode 5057881642237



Dayout trays

Secure clip lids

1 Week pill organiser | wallet

Code VP64041
Barcode 5057881640417



Pocket size

Secure clip lids

Circular pillbox

Code VP64081
Barcode 5057881640813



Perfect for crushing

Divides medication

Pill cutter & crusher

Code VP64211
Barcode 5057881642114



Divides medication

Single blade

Pill cutter

Code VP64221
Barcode 5057881642213



Pocket size

Secure clip lids

1 Day pillbox

Code VP64091
Barcode 5057881640912



Pocket size

Secure clip lids

1 Day pillbox | am/pm

Code VP64001
Barcode 5057881640011

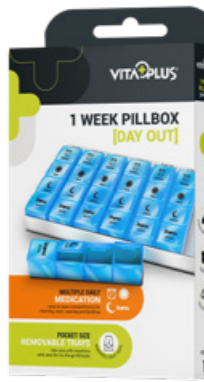


Perfect for travel

Secure clip lids

1 Week pillbox | am/pm

Code VP64011
Barcode 5057881640110



Dayout trays

Perfect for large pills

1 Week pillbox | day out

Code VP64021
Barcode 5057881640219



Secure clip lids

Brail markings

7 Day pillbox | curved

Code VP64051
Barcode 5057881640516



Push button lids

Colour coded days

7 Day pillbox | easy open

Code VP64222
Barcode 5057881642220



Secure clip lids

Perfect for large pills

7 Day pillbox

Code VP64061
Barcode 5057881640615



Spring loaded

Multiple daily medication

1 Week pillbox | springloaded

Code VP64031
Barcode 5057881640318



Pop out pods

Pocket size

Monthly pill organiser

Code VP64224
Barcode 5057881642244



Dayout trays

Perfect for large pills

Pill organiser | weekly

Code VP64071
Barcode 5057881640714



FOOTCARE

protects, cushions and alleviates pain with every step

INSOLES

support for everyday comfort and intense performance



From gel bunion guards to toe protectors and heel cushions, the VitaPlus Gel Footcare range features advanced polymer gel technology to deliver superior comfort and protection. Designed to alleviate discomfort, prevent friction, and improve overall foot health, the range ensures long-lasting performance and exceptional results for the treatment of blisters, corns, calluses, and more.



Innovative ring design ensures product stays in place

Gel toe spreader looped

Code	Size	Barcode
VP66101	S/M	5057881661016
VP66102	M/L	5057881661023



Relieves pressure and discomfort from corns, calluses, hammer toes and in-growing nails

Gel toe protector cap

Code	Size	Barcode
VP66106	S/M	5057881661061
VP66107	M/L	5057881661078



Relieves pressure and discomfort from corns, calluses, hammer toes and in-growing nails

Gel bunion guard

Code	Barcode
VP66104	5057881661047



LIGHTWEIGHT DESIGN helps improve
ATHLETIC PERFORMANCE

ARCH SUPPORT balance stabiliser
SHOCK REDUCER pressure relief
ODOUR CONTROL antibacterial
6 IN 1

Gel insoles | performance pro

Code	Size	Barcode
VP67003	male	5057881670032
VP67002	female	5057881670025

- CONFORMS TO SHAPE
- REDUCES FRICTION
- SUITABLE FOR MOST SKIN TYPES
- SLIM & DISCREET
- RE-USABLE & WASHABLE
- ODOUR CONTROL

DISPLAY SHIPPER
4 UNITS

ADVANCED POLYMER GEL TECHNOLOGY

POLYMER GEL CONFORMS TO THE SHAPE THEY'RE IN CONTACT WITH HELPING TO REDUCE PRESSURE, PAIN AND FRICTION.



- CONFORMS TO SHAPE
- REDUCES FRICTION
- SUITABLE FOR SENSITIVE SKIN
- SLIM & DISCREET
- RE-USABLE & WASHABLE



2 IN 1
This two-in-one product protects and relieves pressure on your bunion while re-aligning overlapping toes

Gel bunion guard with spreader

Code	Barcode
VP66105	5057881661054



Innovative ring design ensures product stays in place

Gel toe separator double looped

Code	Barcode
VP66103	5057881661030



10cm tube can be cut to size for complete wrap around protection on painful toes and fingers

Gel toe protector tube 10cm

Code	Barcode
VP66100	5057881661009



LIGHTWEIGHT DESIGN helps improve
EVERYDAY FOOT PAIN & STRAIN

ARCH SUPPORT balance stabiliser
SHOCK REDUCER pressure relief
ODOUR CONTROL antibacterial
6 IN 1

Gel insoles | everyday comfort

Code	Type	Barcode
VP67001	male	5057881670018
VP67000	female	5057881670001

DISPLAY SHIPPER
4 UNITS

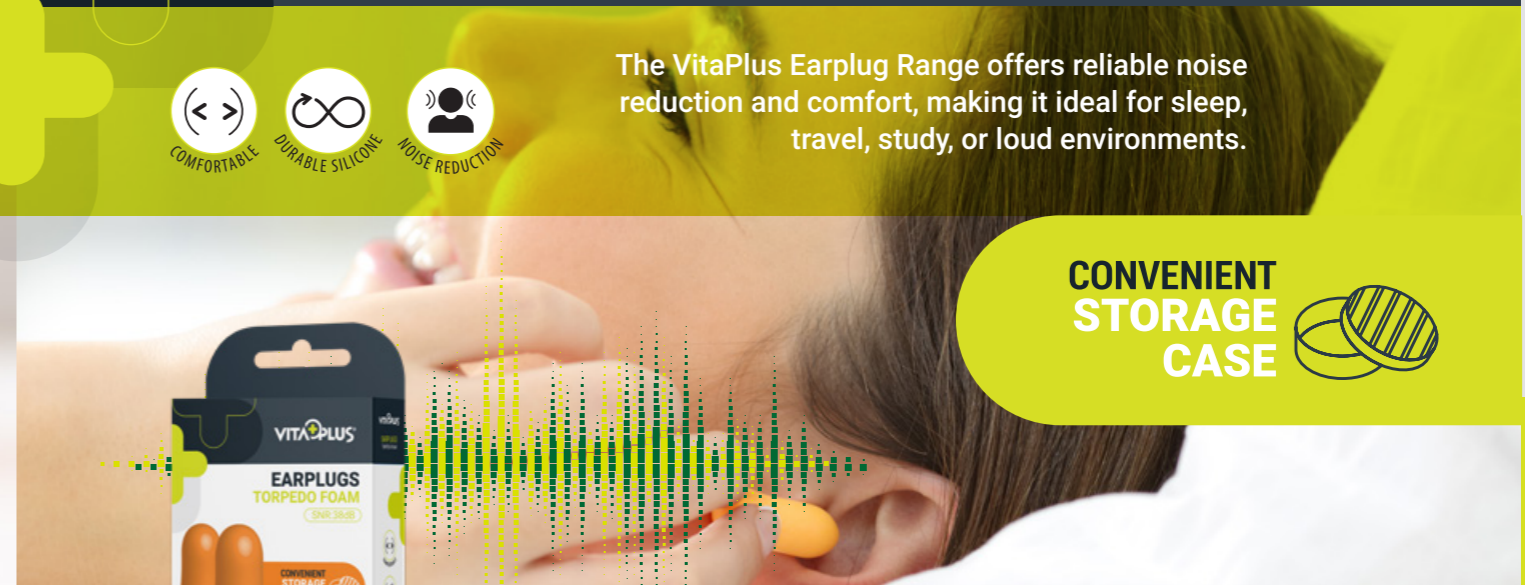


FOOTCARE

provides stability and support for heel protection

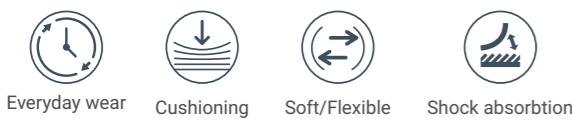
EARPLUGS

reliable noise reduction and comfort



The VitaPlus Earplug Range offers reliable noise reduction and comfort, making it ideal for sleep, travel, study, or loud environments.

CONVENIENT STORAGE CASE



Heel cushions (for him and her)

Code	Type	Barcode
VP67021	for him	5057881670216
VP67022	for her	5057881670223



High density memory foam that gradually adapts to the ear canal

Torpedo foam earplugs		
Code	Qty	Barcode
VP66041	3 pairs	5057881660415

SNR:38dB
superior noise reduction



Sound absorbing foam to block out loud noises for hearing protection, or shut out distractions while sleeping or studying

SNR:36dB



Hygienic cotton covered for better preservation and prolonged wear

SNR:28dB

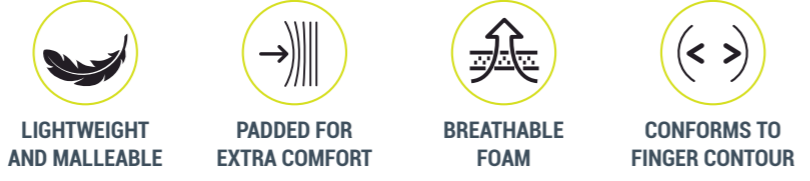
Foam barrel earplugs		
Code	Qty	Barcode
VP66051	3 pairs	5057881660514

Mouldable wax earplugs		
Code	Qty	Barcode
VP66011	3 pairs	5057881660118

LIGHTWEIGHT & MOULDABLE PADDED FOR EXTRA COMFORT



TOAD FINGER SPLINT SMALL/MEDIUM/LARGE



Toad finger splint (small)	
Code	Barcode
VP67057	5057881670575

Toad finger splint (medium)	
Code	Barcode
VP67058	5057881670582

Toad finger splint (large)	
Code	Barcode
VP67059	5057881670599



3-Layer noise reduction Triple protection for effectiveness

SNR:29dB

Aqua silicone earplugs		
Code	Qty	Barcode
VP66021	3 pairs	5057881660217



Re-usable & waterproof perfect for swimming, bathing and showering

SNR:27dB

Mouldable silicone earplugs		
Code	Qty	Barcode
VP66031	3 pairs	5057881660316



CAST PROTECTORS

waterproof protection for casts, dressings, and bandages

Reusable and available in multiple sizes, the VitaPlus Cast Protectors provide superior waterproof protection for casts, dressings, and bandages while offering enhanced comfort and convenience. Designed with an easy-to-use, flexible ring seal, the protectors create a secure, watertight barrier that keeps moisture out during bathing, showering, or swimming.

WATERPROOF



PROTECTOR FOR CASTS AND DRESSING

SUITABLE FOR BATHING AND SHOWERING

STRETCH OPENING



CREATES A SECURE SEAL AROUND THE ARM OR LEG

LIGHTWEIGHT FOR ULTIMATE COMFORT



DURABLE & RE-USABLE



LIGHTWEIGHT MATERIAL



FLEXIBLE STRETCH



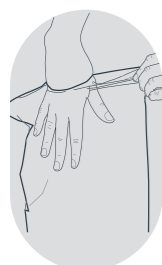
SUITABLE FOR VARIED SIZES



EASY TO USE



WATERTIGHT SEAL



Cast & bandage protector | arm

Code	Qty	Barcode
VP65300	2	5057881653004



Cast & bandage protector | leg

Code	Qty	Barcode
VP65301	2	5057881653011



Adult full arm

Code	Barcode
VP65554	5057881655541



Adult lower leg

Code	Barcode
VP65556	5057881655565



Adult full leg

Code	Barcode
VP65555	5057881655558

CAST PROTECTORS

waterproof protection for casts, dressings, and bandages



COMFI-FIT



SOFT & DURABLE MATERIAL FOR A COMFORTABLE FIT

REQUIRES NO TAPES OR FASTENERS



DURABLE & RE-USABLE



LIGHTWEIGHT MATERIAL



FLEXIBLE STRETCH



SUITABLE FOR VARIED SIZES



EASY TO USE



WATERTIGHT SEAL



Child full arm

Code	Barcode
VP65552	5057881655527

CAST PROTECTORS

waterproof protection for casts, dressings, and bandages



WATERPROOF



PROTECTOR FOR CASTS AND DRESSING

SUITABLE FOR BATHING AND SHOWERING



Adult lower leg

Code: VP65481 Barcode: 5057881654810



Adult full leg

Code: VP65491 Barcode: 5057881654919



Adult lower arm (wide)

Code: VP65411 Barcode: 5057881654117



Adult full arm

Code: VP65421 Barcode: 5057881654216



Adult foot

Code: VP65471 Barcode: 5057881654711



Child full leg

Code: VP65551 Barcode: 5057881655510



Child full arm

Code: VP65511 Barcode: 5057881655114



Child lower arm

Code: VP65501 Barcode: 5057881655015



WATERPROOF KIDS PLASTERS

HELPS BLOCK OUT GERMS & DIRT



PROTECTIVE WOUND PAD
cushions the wound

2X STRONGER
superior adhesive

LATEX FREE ADHESIVE
hypoallergenic

Protecting little adventures, one plaster at a time.

The VitaPlus Waterproof Kids Plasters are specifically designed to protect minor cuts, scrapes, and scratches without interrupting kids' adventures. The breathable design ensures all-day comfort, minimising skin irritation and allowing airflow to promote healing.





Committed to children's health and well-being, VitaKids offers a range of safe, reliable, and child-friendly products.

From nasal aspirators and first aid kits to playful waterproof mini digital thermometers, VitaKids seamlessly blends quality with creative design to cater to the unique needs of infants and children.

NASAL ASPIRATORS | DIGITAL THERMOMETERS | FIRST AID KIT





2 in 1 Nasal aspirator
Code VK79440 **Barcode** 5057881794400

Designed to gently relieve nasal congestion in babies and infants. The 2 in 1 nasal aspirator is BPA and Phthalate-free, and includes a soft, comfortable tip for effective mucus removal.



- Vacuum suction
- Includes 3 filters
- Babies & Toddlers
- Manual suction



Vacuum nasal aspirator
Code VK79445 **Barcode** 5057881794455

The VitaKids Vacuum Nasal Aspirator provides an efficient and hygienic solution for alleviating nasal congestion in infants and young children. Equipped with advanced suction technology and a non-invasive silicone tip, the device gently clears mucus without causing discomfort, providing a quick and easy solution for parents and caregivers.



- Removes mucus
- Includes 3 filters
- Babies & Toddlers
- Vacuum suction



Digital thermometers
Code VK79444 **Type** Frog **Colour** Green **Barcode** 5057881794448
 VK79443 **Type** Cow **Colour** Purple **Barcode** 5057881794431

The VitaKids Digital Thermometer's versatile flexible tip allows for comfortable yet accurate temperature measurements. The waterproof design ensures easy cleaning and enhanced durability, featuring an easy-to-read LCD digital display.

- Flexible Tip
- Digital Display
- Fast & accurate



First aid kit
Code VK79432 **Qty** 30pcs **Barcode** 5057881794325

Included in the bag
 16 x VitaKids plasters, 4 x antiseptic pads, 1 x saline solution, 2 x cleaning wipes, 1 x cotton swab, 1 x 5ml syringe, 1 x safety scissor, 1 x first aid tape (1.25cm x 5m), 1 x gauze pad, 1 x PBT bandage (5cm x 4.5m), and 1 x bag.

The VitaKids First Aid Kit is a compact, child-friendly emergency kit designed to provide parents and caregivers with a reliable solution for addressing minor injuries.

Containing 30 carefully selected essentials, the kit is tailored to treat common mishaps such as cuts, scrapes, and bruises, ensuring prompt care in any situation.

- Compact
- Ideal for minor injuries



OPULAB

SCIENTIFICALLY FORMULATED

BURNS HURT. THIS HELPS.

The Opulab Emergency Burn Care range is designed to address the multifaceted needs of burn treatment. Formulated with a specialised hydrogel composition, the range aids in pain relief, optimising healing conditions, and providing robust protection against secondary complications such as infection. Upon application, the hydrogel formulation absorbs excess heat from the burn site, creating a cooling effect that helps to alleviate discomfort while stabilising damaged tissue. **The hydrogel layer ensures that the area remains adequately hydrated, fostering an environment that is conducive to optimal wound healing, while reducing recovery time.** This combination of soothing relief and accelerated healing makes the Opulab Emergency Burn Care range suitable for treating a variety of burn injuries, including sunburn, first-degree burns, second-degree burns, and scalds.



Advanced hydrogel technology

for optimal healing



Opulab emergency burn care			
Code	Size	Qty	Barcode
OP01072	3.5g	25	5057881010722
OP01075	175ml	6	5057881010753
OP01074	100 x 100mm	20	5057881010746



OPULAB

SCIENTIFICALLY FORMULATED



EMERGENCY BURN CARE SACHET

Designed for immediate treatment of first-degree burns, sunburn, and scalds. Compact and easy to carry, the sachet is ideal for inclusion in emergency first aid kits, travel bags, and on-site response units.

EMERGENCY BURN CARE DRESSING

Ideal for burns, scalds, and thermal injuries where a sterile, cooling barrier is needed to protect the affected area and support the healing process.

EMERGENCY BURN CARE 175ML

Suitable for first-degree burns, sunburns, and minor scalds. The format offers easy, targeted application over larger surface areas, making it a practical solution for home and workplace environments.



Formoline L112

Code	Qty	Barcode
L112	64	4260103334556



THE ULTIMATE WEIGHT LOSS PARTNER

Formoline L112 is a revolutionary medical device that is meticulously crafted to support individuals in their journey towards effective weight loss and weight management. At the heart of its formulation is polyglucosamine L112, an innovative active ingredient that is sourced from natural origins.



30% Higher weight loss



Reduces calorie absorption by up to 66%



Supports healthy cholesterol levels



formoline
L112

29M+

Formoline L112 has sold over 29 million boxes globally

66%

Active dietary fibre contained in Formoline L112 reduces calorie absorption from dietary fats by up to 66%⁽¹⁾

30%

Clinical studies indicate a 30% higher weight loss with Formoline L112⁽²⁾

(1) Cnubben N. H. P. et al. (2016): A single oral dose of a polyglucosamine influences the bioavailability of [9-14C]-Oleic acid in adult female Göttingen minipigs. BMC Obesity 3 (18): 1-12. DOI 10.1186/s40608-016-0096-2.

(2) Pokhis et al. (2015): Efficacy of polyglucosamine for weight loss – confirmed in a randomized double-blind, placebo-controlled clinical investigation. BMC Obesity 2 (25). DOI 10.1186/s40608-015-0053-5.



Pair your style with the slimmed-down sculpted lines of the Classic range from Raffa. With European styling, the Classic range provides an upscale contemporary look ideal for daily wear.

Classic readers					
Strength	Item Code	Item Code	Item Code	Item Code	Item Code
+1.50	RA95821	RA95521	RA95421	RA95721	RA95621
+2.00	RA95841	RA95541	RA95441	RA95741	RA95641
+2.50	RA95851	RA95551	RA95451	RA95751	RA95651
+3.00	RA95861	RA95561	RA95461	RA95761	RA95661
+3.50	RA95871	RA95571	RA95471	RA95771	RA95671



The Smart range from Raffa boasts a simple, professional style with crystal clear lenses. Practical and very vogue. Available in 5 modern, sophisticated colours in a variety of strengths.

Smart readers					
Strength	Item Code	Item Code	Item Code	Item Code	Item Code
+1.00	RA94501	RA94001	RA94301	RA94201	RA94401
+1.50	RA94511	RA94011	RA94311	RA94211	RA94411
+2.00	RA94531	RA94031	RA94331	RA94231	RA94431
+2.50	RA94551	RA94051	RA94351	RA94251	RA94451
+3.00	RA94571	RA94071	RA94371	RA94271	RA94471
+3.50	RA94591	RA94091	RA94391	RA94291	RA94491

Raffa Wheat Straw Readers combine classic styling with modern technology. The full-rim design of these bold frames offer you stylish sophistication and sturdy construction. Made with 36% wheat straw fiber, these flattering readers are lightweight, comfortable and durable.

Eco readers				
Strength	Item Code	Item Code	Item Code	Item Code
+1.00	RA97103	RA97097	RA97091	RA97085
+1.50	RA97104	RA97098	RA97092	RA97086
+2.00	RA97105	RA97099	RA97093	RA97087
+2.50	RA97106	RA97110	RA97094	RA97088
+3.00	RA97107	RA97100	RA97095	RA97089
+3.50	RA97108	RA97101	RA97096	RA97090



Shippers				
Type	Item Code	Qty	Colour	Barcode
Classic	RA95305	25	Assorted	5057881953050
Smart	RA94505	25	Assorted	5057881945055



**24
PIECE
SHIPPER**

24 Piece shipper contains
6 x Eco pink readers
6 x Eco purple readers
6 x Eco dark blue readers
6 x Eco dark grey readers



Where style and sustainability meet



GLOBAL REACH. LOCAL TOUCH



OFFICES: South Africa / United Kingdom / Australia / Romania

DISTRIBUTORS: Abu Dhabi / Algeria / Bahrain / Botswana / Ghana / Greece / Hungary / Ireland / Israel / Italy / Jordan / Kenya / Kuwait / Latvia / Lebanon / Libya / Malta / Mauritius / Moldova / Namibia / Netherlands / New Zealand / Oman / Palestine / Poland / Portugal / Qatar / Saudi Arabia / Spain / Trinidad & Tobago / Zimbabwe

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Medinox (London) Limited
Unit 1b Munday Works, 58-66 Morley Road,
Tonbridge TN9 1RP, United Kingdom
T: +44 20 8888 6398 | orders@medinox.co.uk

FACEBOOK: @MEDINOX | LINKEDIN: @MEDINOX