



SPORTS CATALOGUE

SUPPORTS / KINESIOLOGY TAPE /
STRAPPING / THERMAL THERAPY /
PREMIUM FOOTCARE

medinox™
your health our passion

mx^{HEALTH}TM | STANDARD ELASTICATED SUPPORTS

The Standard Elasticated Supports range offers medium level support with no restrictions while exercising. The construction of the soft elasticated material ensures that the support is durable, breathable, and comfortable.

MATERIAL CONTENT: 54% POLYESTER, 46% ELASTIC

Wrist	S - XXXL
Ankle	S - XXXL
Elbow	S - XXL
Knee	S - XXXL
Hand	S - XXXL



SPORT



ANATOMICAL
DESIGN



BREATHABLE



REHABILITATION



EVERYDAY

mxTM HEALTH | PREMIUM ELASTICATED SUPPORTS

The Premium Elasticated Supports range is designed to provide targeted support to damaged or weakened muscles and joints. Gentle compression of the targeted area helps to reduce swelling and prevent further injury.

MATERIAL CONTENT: 52% NYLON, 35% ELASTIC, 13% SPANDEX

Knee	S - XXXL
Ankle	S - XXXL
Elbow	S - XXXL
Hand	S - XXXL
Wrist	S - XXXL
Waist Belt	Uni S/M/L
Back	Uni S/M/L & L/XL/XXL



SPORT



ANATOMICAL
DESIGN



BREATHABLE



REHABILITATION



EVERYDAY

mx^{HEALTH™} | PREMIUM
UNIVERSAL SUPPORTS

The Premium Universal Supports range is designed to provide reliable all-round support for weak, arthritic or injured muscles and joints. The SBR material retains the body's natural warmth to provide therapeutic relief and help promote healing.

MATERIAL CONTENT: 60% RUBBER, 20% NYLON, 20% POLYESTER

Wrist	Uni S/M/L & L/XL/XXL
Ankle	Uni S/M/L & L/XL/XXL
Elbow	Uni S/M/L & L/XL/XXL
Knee	Uni S/M/L & L/XL/XXL
Tennis Elbow	Uni S/M/L
Double Patella Strap	Uni S/M/L



SPORT



ANATOMICAL
DESIGN



HEAT
RETENTION



REHABILITATION



EVERYDAY



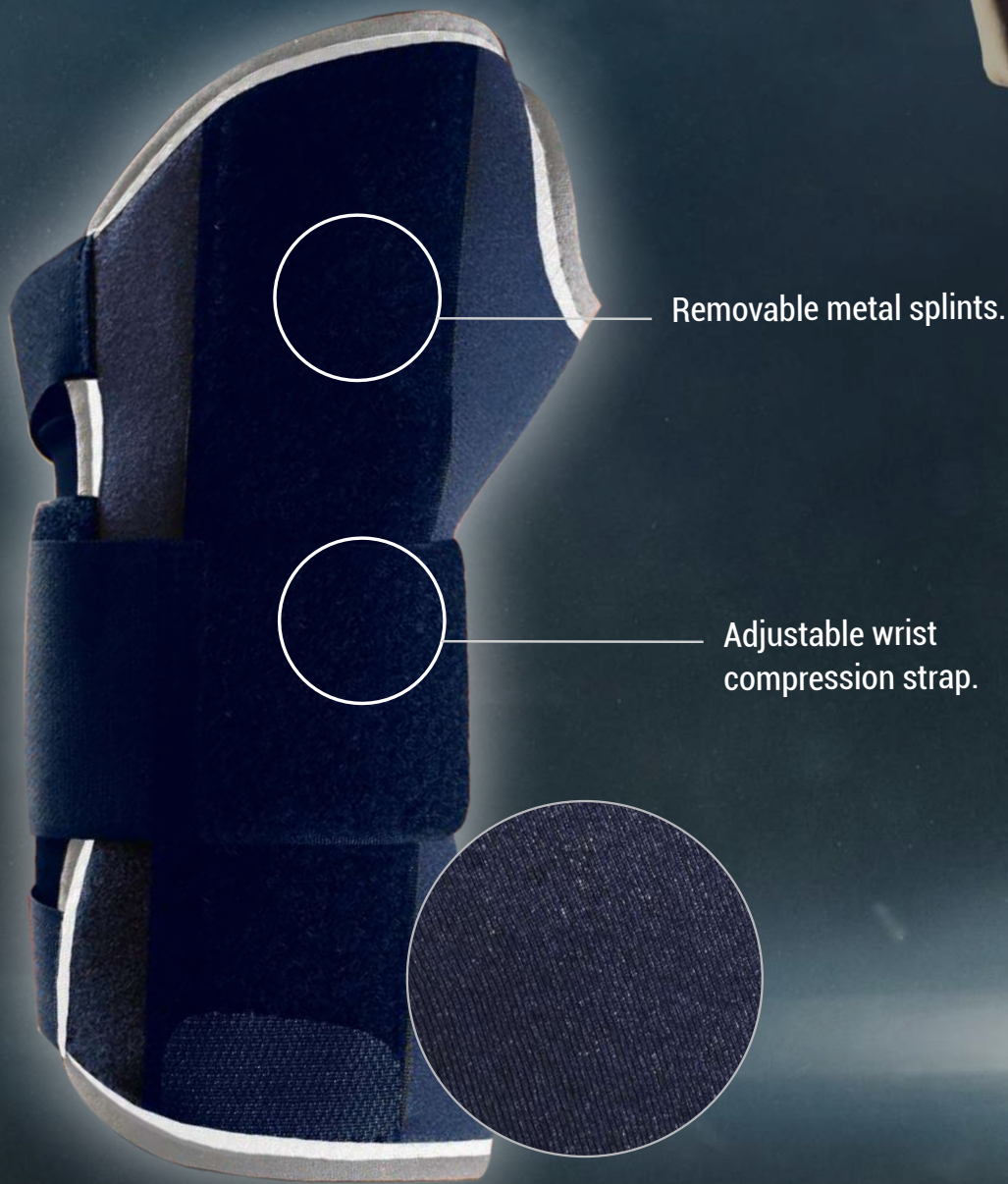
GLOBAL TRUST. PROVEN PERFORMANCE

mxTM HEALTH | PREMIUM NEOPRENE SUPPORTS

The Premium Neoprene Supports range delivers exceptional comfort by combining breathable material with natural heat-retaining properties. By maintaining the body's warmth, each support provides therapeutic relief that promotes healing and aids in recovery.

MATERIAL CONTENT: 80% NEOPRENE, 10% NYLON, 10% COTTON

Thumb Splint	Uni (Left or Right)
Wrist Splint Ambidextrous	Uni S/M/L & L/XL/XXL
Back Support	Uni S/M/L & L/XL/XXL



SPORT



ANATOMICAL
DESIGN



HEAT
RETENTION



REHABILITATION



EVERYDAY

mx^{HEALTH}TM | STANDARD
ORTHOPAEDIC RANGE

The mx Health Standard Orthopaedic Supports range offers specialised support, ensuring comfort and stability for individuals recovering from injuries, undergoing post-operative care, or managing chronic conditions.

MATERIAL CONTENT: 54% POLYESTER, 46% ELASTIC

Neck Collar	S - XXL
Pouch Arm Sling	Uni Adult
Pouch Arm Sling	Uni Paediatric



SUPPORT RATING:



REHABILITATION



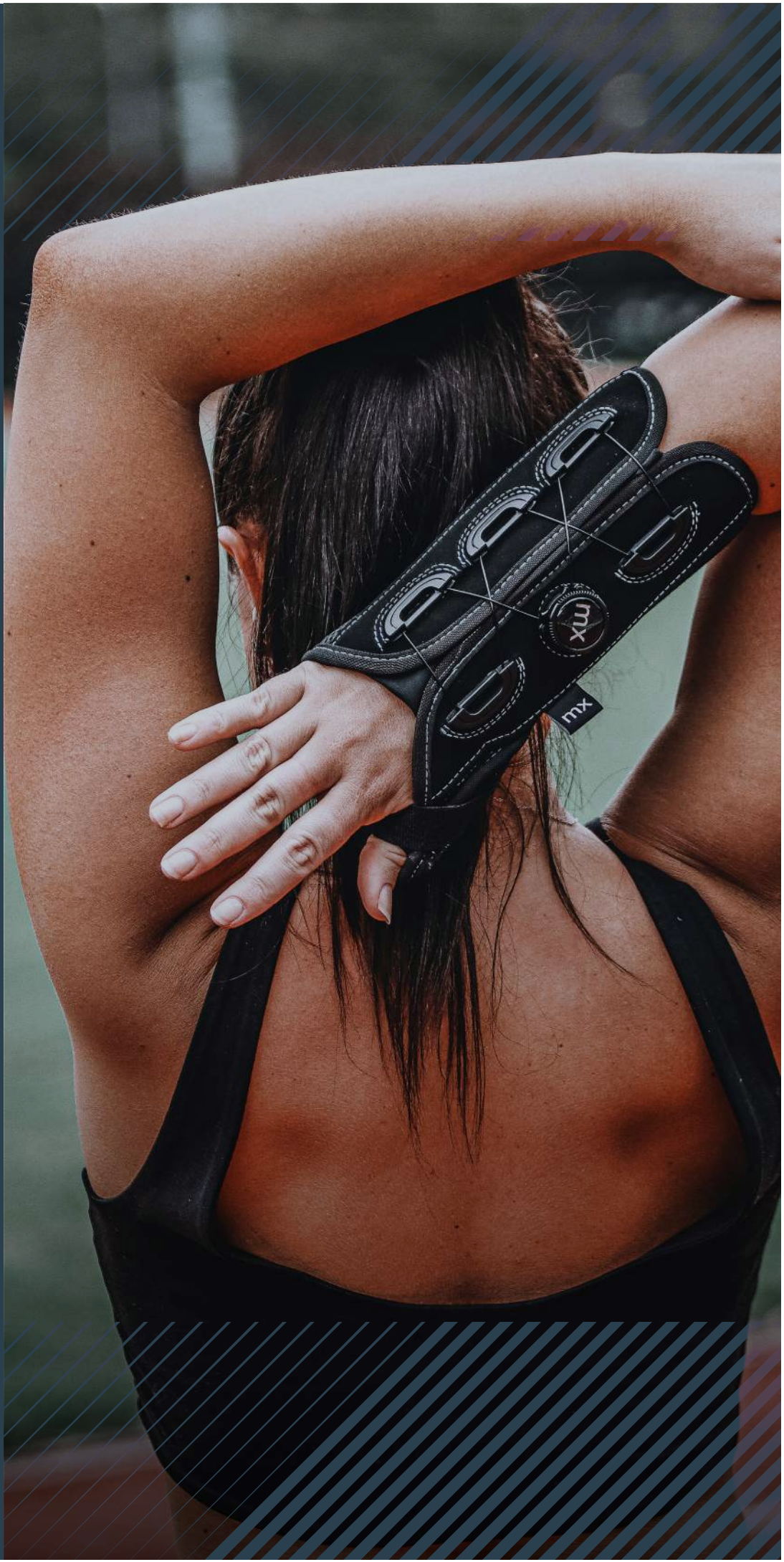
LIGHTWEIGHT



EVERYDAY



ADJUSTABLE



mx^{HEALTH}TM | ADVANCED
ORTHOPAEDIC RANGE

Engineered with premium material for superior support and stability, the mx Health Advanced Orthopaedic Supports range is meticulously designed to aid in the recovery of fractures and sprains, post-operative rehabilitation, and shoulder immobility.

MATERIAL CONTENT: 31% TERYLENE, 22% POLYURETHANE, 20% PURE POLYESTER, 15% NYLON, 3% PU SYNTHETIC LEATHER, 3% POLYPROPYLENE, 1% PE, 2% POM, 3% NON-WOVEN FABRIC

Advanced Pouch Arm Sling	Universal
Wrist Brace Right & Left	S/M & M/L
Ankle Brace Right & Left	S/M & M/L
Lace-Up Ankle Stabiliser	S - XL
2 in 1 Posture Corrector	S - XXL



SUPPORT RATING:



REHABILITATION



EVERYDAY



ADJUSTABLE



ANATOMICAL
DESIGN



BREATHABLE
DESIGN

mx^{HEALTH}™ | PERFORMANCE
GEL-TECH

NEW
PRODUCT

The mx Health Performance Gel-Tech Supports range is engineered to deliver advanced joint stabilisation, targeted compression, and all-day comfort for active individuals, athletes, and those recovering from injury. Combining anatomically contoured silicone gel pads with an advanced 3D elastic weave, the supports provide optimal joint protection while allowing natural movement and breathability.

Each support is designed with integrated gel technology that cushions pressure points, reduces strain on tendons and ligaments, and promotes therapeutic relief. The removable, customisable support straps enable controlled compression and added joint stability, making the supports versatile for rehabilitation, daily use, or performance enhancement during sports activities.

Knee Stabiliser	S - XL
Ankle Stabiliser	S - XL
Elbow Stabiliser	S - XL



SUPPORT RATING:



- TARGETED COMPRESSION
- INTEGRATED GEL SUPPORT
- ADVANCED 3D WEAVE
- ADVANCED MOBILITY SUPPORT
- GRIP-ZONE TECHNOLOGY
- BREATHABLE
- 4 WAY STRETCH
- EASY FIT
- CUSTOMISABLE



mx^{HEALTH}TM | ELASTICATED
TUBULAR SUPPORTS

Designed to deliver consistent, sustained compression, the reusable tubular supports are ideal for managing soft tissue injuries, mild sprains and strains, as well as chronic joint conditions such as arthritis.

MATERIAL CONTENT: 75% COTTON, 25% ELASTIC YARN

B. Small Hand Small Arm	13 - 16cm
C. Small Ankle Medium Arm	16 - 20cm
D. Small Knee Medium Ankle Large Arm	20 - 24cm
E. Small Thigh Medium Knee Large Ankle	24 - 28cm
F. Medium Thigh Large Knee	28 - 36cm
G. Large Thigh	36 - 46cm



SUPPORT RATING:



REUSABLE



BREATHABLE



SELF SUPPORTING



COMFORTABLE



DISCREET

mx^{HEALTH}TM | COMPRESSION WRAPS

Made from high-quality woven compression material, the mx Health Compression Wraps are designed to provide medium level support for targeted pain relief.

With no movement restrictions while exercising, the compression wraps are suitable for all types of sports activities and everyday use. The elasticated, 2-way stretch material ensures that the support provided is durable, breathable, and comfortable.

The integrated starter loop allows for easy pre-positioning for precise and controlled compression.

AVAILABLE IN:

- Small: 40 - 7.5cm
- Medium: 80 - 7.5cm
- Large: 120 - 7.5cm



SUPPORT RATING:



SPORT



ANATOMICAL
DESIGN



BREATHABLE



2 WAY
STRETCH



REHABILITATION



EVERYDAY

mxTM HEALTH | PAIN RELIEVING TOPICAL CREAM

**NEW
PRODUCT**

The mx Health Pain Relieving Cream is a clinically formulated, fast-absorbing topical preparation designed to deliver prompt, localised relief from musculoskeletal discomfort, including muscular pain, joint stiffness, and minor soft tissue trauma. Intended for use following physical exertion, prolonged activity, or in the management of routine mechanical strain, the formulation is engineered to facilitate rapid dermal absorption, providing an immediate cooling sensation followed by a soothing effect to alleviate pain and discomfort.

Characterised by its non-greasy, cosmetically elegant texture, the cream spreads easily across the skin and absorbs quickly without leaving behind any oily residue. Its composition supports repeated daily application, making the cream an ideal adjunct for individuals requiring consistent, on-the-go symptomatic relief.



MSM



ARNICA



ST. JOHN'S
WORT



MARIGOLD



TEA TREE
OIL



MUSCLE SPASMS



RHEUMATIC PAIN



INJURY DURING
SPORTS & EXERCISE



PULLS & BRUISES



STRAINS, SPRAINS
& BUMPS



TENDON INJURIES

GLOBAL TRUST. PROVEN PERFORMANCE



PAIN MANAGEMENT SUPPORT

PROMOTES BLOOD CIRCULATION

ANTI-INFLAMMATORY SUPPORT

SWELLING SUPPORT

COOLING EFFECT

TAPES & STRAPPING

KINESIOLOGY TAPE / RIGID STRAPPING /
ELASTIC ADHESIVE STRAPPING

mx[™] HEALTH | KINESIOLOGY TAPE
PLAIN

AVAILABLE IN:

- 5cm x 5m

Light Blue / Black / Pink / Yellow
Dark Blue / Red / Beige / Camo

KINESIOLOGY TAPE SHIPPER:
Includes 6 units



mx[™] HEALTH | LIMITED EDITION
INFERNO KINESIOLOGY TAPE

Highly flexible and comfortable to wear, the Limited Edition mx Health Kinesiology Inferno Tape is suitable for all types of outdoor activities including running, cycling, and hiking.

FEATURES:

- Hypoallergenic
- Non-restrictive
- Water Resistant

AVAILABLE IN:

- 5cm x 5m



mx^{HEALTH}TM | PRO-SKIN SENSITIVE KINESIOLOGY TAPE

The mx Health Pro-Skin Kinesiology Sport Tape is made for delicate or sensitive skin.

Using medical-grade hypoallergenic adhesive, it offers safe, reliable support with minimal risk of irritation, combining waterproof, high-performance function with proven skin compatibility.

FEATURES:

- Hypoallergenic
- Gentle & Comfortable
- Gentle Adhesion
- Water Resistant

AVAILABLE IN:

- 5cm x 5m



NEW
PRODUCT



Sensitive

GLOBAL TRUST. PROVEN PERFORMANCE

mx^{HEALTH}TM | LIMITED EDITION TROPICAL KINESIOLOGY TAPE

The mx Health Limited Edition Tropical Kinesiology Tape is designed to support muscles and joints, aiding in the treatment of pain and inflammation.

Ideal for injury prevention, the versatile tape promotes a full range of motion without restricting movement. Latex free, water resistant, and designed for all-day wear, the tape can be custom cut to suit a wide range of applications - helping users stay active, confident, and strapped with support.

FEATURES:

- Hypoallergenic
- Non-restrictive
- Water Resistant

AVAILABLE IN:

- 5cm x 5m

TROPICAL



NEW
PRODUCT

LIMITED EDITION



MODERATE
SUPPORT



CUT TO
SIZE



HIGHLY
BREATHABLE



STRONG
ADHESION



LATEX
FREE



180%
TAPE
STRETCH

www.medinox.co.uk

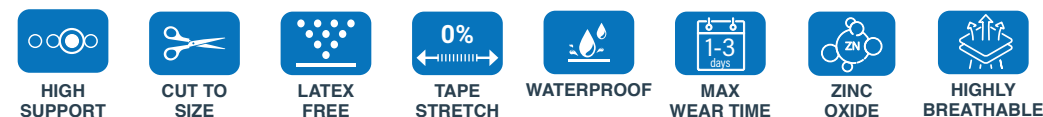
mx^{HEALTH}TM | ZINC OXIDE RIGID STRAPPING

The mx Health Zinc Oxide Rigid Strapping is a premium adhesive sports tape intended to provide strong, reliable support to joints that are injured or vulnerable to injury.

Made with high-quality cotton and coated with zinc oxide adhesive, the tape ensures a firm, non-elastic hold that effectively restricts movement and stabilises the affected area. Ideal for use in both preventative and rehabilitative applications, the rigid strapping helps reduce the risk of re-injury while promoting recovery. The easy-to-tear design allows for quick and efficient application, making it a trusted choice for athletes, physiotherapists and healthcare professionals.

AVAILABLE IN:

- 3.8cm x 13.7m
- 5cm x 13.7m



GLOBAL TRUST. PROVEN PERFORMANCE

mx^{HEALTH}™ | ELASTIC ADHESIVE STRAPPING

The mx Health Elastic Adhesive Strapping is a high-performance adhesive tape designed to provide firm, flexible support to joints that are injured or prone to injury. Combining excellent stretch with superior adhesion, the strapping allows controlled movement while maintaining stability and reducing the risk of re-injury.

Lightweight yet durable, the versatile strapping is frequently used by sports physicians and physiotherapists for ankle, knee, hand, and other joint taping applications.

AVAILABLE IN:

- 5cm x 4.5m
- 7.5cm x 4.5m
- 10cm x 4.5m



MYFACIAL RELEASE TOOL

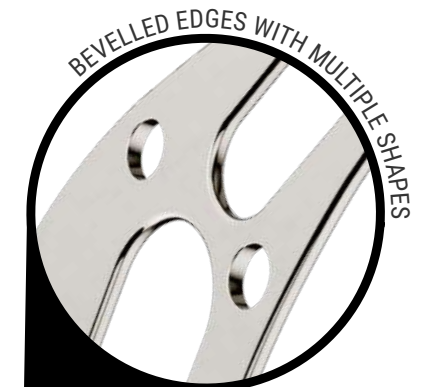
DESIGNED TO PROVIDE
MUSCLE PAIN RELIEF
AND IMPROVED MOBILITY

mx^{HEALTH}™ | MYOFACIAL RELEASE TOOL

The Myofascial Release Tool is expertly designed to target various areas of the body, addressing specific muscle groups to provide unparalleled relief from muscle pain while enhancing range of motion. With its uniquely contoured sections, this tool is engineered with the principles of myofascial in mind, applying precision pressure to the fascia – the connective tissue surrounding the muscles – to alleviate discomfort and increase mobility.

Featuring full hand and finger grip holes for ease of use and optimal control, this tool stands as a trusted choice for physiotherapists, chiropractors, and massage therapists. Excelling in instrument-assisted soft tissue mobilisation (IASTM), the Myofascial Release Tool boasts a stainless-steel design with bevelled edges to penetrate deeply into muscles to mobilise restricted fascia and release myofascial trigger points.

- ★ **COMPACT & EASY
TO CLEAN**
- ★ **DURABLE STAINLESS
STEEL DESIGN**



THERMAL THERAPY SOLUTIONS

DESIGNED TO PROVIDE EFFECTIVE
RELIEF FROM MUSCULAR ACHES
AND PAINS.



thermX | THERMAL GEL SLEEVE

The thermX Thermal Gel Sleeve is a versatile 2-in-1 therapy solution, designed for both microwave heating and freezer cooling to deliver fast, effective relief from muscular aches, pains, and inflammation.

Durable and reusable, the gel sleeve retains flexibility in both hot and cold states for consistent comfort and performance. With its 360-degree compression and ergonomic, form-fitting design, the gel sleeve provides optimal support and adaptability - making it the ideal choice for sports recovery, injury rehabilitation, and everyday therapeutic care.

AVAILABLE IN:

- Small: 250 x 110mm
- Medium: 250 x 125mm
- Large: 280 x 135mm
- X-Large: 280 x 145mm



2-IN-1 HOT &
COLD SLEEVE



MULTIPLE
USES



360°
COMPRESSION



EFFECTIVE



FLEXIBLE



RE-USABLE



thermX | THERMAL SHOULDER SUPPORT

Experience targeted, natural pain relief with the thermX Thermal Shoulder Support - a fully wearable thermal compression solution. Designed for versatility, the reusable sleeve harnesses the therapeutic power of both hot and cold therapy to ease muscular aches, pains, and inflammation.

With its ergonomic design, premium gel composition, and adjustable strap for a customised fit, the thermal shoulder support delivers consistent comfort and effective relief. Durable and easy to apply, it is an essential solution for natural pain management, injury recovery, and everyday shoulder support

Bicep circumference: 260mm - 420mm



2-IN-1 HOT &
COLD SLEEVE



RE-USABLE



SECURE FIT



EFFECTIVE



FLEXIBLE



ADJUSTABLE
STRAP



thermX | INSTANT ICE COOLING PACK

The thermX Instant Ice Cooling Pack and Instant Ice XL Pack offers a hassle-free solution for rapid pain relief - anytime, anywhere. With no freezing required, the packs deliver instant, ice-cold comfort through a quick and simple activation process.

Perfect for on-the-go use, sports activities, or emergency situations, each pack provides a convenient and essential addition to any first aid or recovery kit.

AVAILABLE IN:

- Instant Ice Cooling Pack: Contains 2 x units | 127mm x 152mm
- Instant Ice XL Pack Shipper: Contains 20 x units | 280mm x 134mm



INSTANT ICE XL PACK



SQUEEZE TO ACTIVATE



COMPACT



NO FREEZING



EFFECTIVE

thermX | HOT/COLD THERAPY PACKS

Experience unparalleled versatility with the thermX Hot/Cold Therapy Pack, designed to provide effective comfort for a wide range of aches, pains, and injuries. Suitable for both microwave heating and freezer cooling, the 2-in-1 pack delivers rapid and effective relief.

Reusable and long-lasting, the therapy pack maintains flexibility at any temperature, ensuring consistent comfort and performance. For added support, it is also available with an adjustable 85cm strap - offering a customised, secure fit for enhanced therapeutic care.



2-IN-1 HOT & COLD SLEEVE



RE-USABLE



FLEXIBLE



EFFECTIVE



thermX | THERMAL HEADACHE & MIGRAINE RELIEF CAP 360° COMPRESSION

Experience Fast, Drug-Free Relief from Headaches, Migraines & Sinus Pressure

The ThermX Thermal Headache & Migraine Relief Cap delivers targeted hot and cold therapy exactly where you need it most. This innovative 360-degree ergonomic cap provides soothing relief that helps reduce pain intensity and duration naturally.



360° THERMAL GEL



2IN1 HOT & COLD



MAINTAINS FLEXIBILITY



EFFECTIVE



RE-USABLE



FOOTCARE

PROTECTS, CUSHIONS AND ALLEVIATES PAIN WITH EVERY STEP



VITA+PLUS® | GEL INSOLES

The VitaPlus Gel Insole is expertly engineered to deliver superior comfort, cushioning, and support for individuals seeking enhanced foot care in their daily routines.

Designed for versatility, the insole is compatible with a wide range of footwear, including casual shoes, work boots, and athletic sneakers, making it an essential accessory for active lifestyles and prolonged walking or standing.

AVAILABLE IN:

- Performance Pro Male
- Performance Pro Female
- Everyday Comfort Male
- Everyday Comfort Female



LIGHTWEIGHT DESIGN
helps improve

ATHLETIC PERFORMANCE

ARCH SUPPORT
balance stabiliser
SHOCK REDUCER
pressure relief
ODOUR CONTROL
antibacterial

6 IN 1

SHIPPER
4
UNITS

LIGHTWEIGHT DESIGN
helps improve

EVERYDAY FOOT PAIN & STRAIN

ARCH SUPPORT
balance stabiliser
SHOCK REDUCER
pressure relief
ODOUR CONTROL
antibacterial

6 IN 1



CONFORMS TO SHAPE



REDUCES FRICTION



SUITABLE FOR MOST SKIN TYPES



SLIM & DISCREET



RE-USABLE & WASHABLE



ODOUR CONTROL

VITA+PLUS® | HYDROCOLLOID PLASTERS

The VitaPlus Hydrocolloid Plasters provide targeted relief and protection for both blisters and calluses. Using advanced hydrocolloid technology, the plasters create a protective cushion that absorbs pressure and friction, reducing pain and promoting faster healing. Waterproof, breathable, and discreet, the plasters offer long-lasting comfort and protection throughout the day.

AVAILABLE IN:

- Callus & Blister Plasters: 42 x 45mm
- Blister Plasters Small: 20 x 60mm
- Blister Plasters Medium: 20 x 60mm
- Blister Plasters Toe: 17 x 48mm
- Blister Plasters Extra Comfort: 44 x 69mm
- Blister Plasters Mixed



SUPERIOR ADHESION



100% WATERPROOF



LONG LASTING



EXTRA PROTECTION

PROTECTS, CUSHIONS & SOFTENS
BLISTERS, CORNS & CALLUSES



Illustrative image only. The product should be applied over clothing or wrapped in cloth before use.



THERMOFLEX GEL BEAD TECHNOLOGY



VITA+PLUS® | THERMOFLEX GEL THERAPY PACKS

Engineered with advanced thermoflex gel bead technology, the VitaPlus Thermoflex Therapy Pack offers both hot and cold therapy, making it ideal for soothing sore muscles, reducing inflammation, and promoting faster recovery from strains and pains.

The advanced gel bead technology enables the pack to maintain its temperature for extended periods, whether used for soothing heat therapy to relax tight muscles or cold therapy to reduce inflammation and swelling.

AVAILABLE IN:

26.5cm x 13.5cm (10 unit shipper)



THERMOFLEX BEADS



HOT/COLD



LONG LASTING



EFFECTIVE



SHIPPER
10
UNITS



For local and international distribution and wholesale opportunities, please contact us on +44 20 888 863 98 or send an email to:

orders@medinox.co.uk

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